

POCONO FAMILY YMCA

www.pfyswim.org

Individual Meet Entries Report

2023 PA YMCA Central Dist Championship Meet 10-Mar-23 to 12-Mar-23 [Ageup: 12/1/2022] Yards

Location: Graham Aquatic Center

POCONO FAMILY YMCA [PFY-MA] Coach: Mike Wolbert

809 MAIN STREET

570 421-2525 x 126

STROUDSBURG, PA 18360

mike@pfyswim.org

GIRLS

Kayla Exil (14)			# 329	Girls 13-14 200 Breast	2:48.29Y
# 301	Girls 13-14 200 Fly	2:40.08Y	# 331	Girls 13-14 500 Free	6:09.25Y
# 305	Girls 13-14 50 Free	27.49Y	# 333	Girls 13-14 200 Free Relay A	2
# 309	Girls 13-14 400 Free Relay A	1	Anna Kirby (15)		
# 315	Girls 13-14 200 Back	2:34.00Y	# 403	Girls 15-21 100 Breast	1:19.97Y
# 317	Girls 13-14 100 Fly	1:08.09Y	# 405	Girls 15-21 50 Free	25.55Y
# 321	Girls 13-14 200 Medley Relay A	Free	# 409	Girls 15-21 400 Free Relay A	3
# 327	Girls 13-14 100 Back	1:10.28Y	# 413	Girls 15-21 200 Free	2:06.71Y
# 329	Girls 13-14 200 Breast	2:50.31Y	# 425	Girls 15-21 100 Free	55.56Y
# 333	Girls 13-14 200 Free Relay A	1	Victoria Kuteris (15)		
Alivia Finley (11)			# 403	Girls 15-21 100 Breast	1:16.98Y
# 203	Girls 11-12 50 Back	35.90Y	# 405	Girls 15-21 50 Free	25.10Y
# 207	Girls 11-12 50 Free	30.23Y	# 409	Girls 15-21 400 Free Relay A	2
# 219	Girls 11-12 100 Fly	1:19.45Y	# 413	Girls 15-21 200 Free	1:57.43Y
# 223	Girls 11-12 200 Medley Relay A	Fly	# 417	Girls 15-21 100 Fly	1:01.77Y
# 225	Girls 11-12 100 Free	1:07.20Y	# 421	Girls 15-21 200 Medley Relay A	Fly
# 227	Girls 11-12 50 Fly	34.42Y	# 425	Girls 15-21 100 Free	54.14Y
# 229	Girls 11-12 100 Back	1:15.36Y	# 427	Girls 15-21 100 Back	1:02.67Y
# 235	Girls 11-12 200 Free Relay A	1	# 433	Girls 15-21 200 Free Relay A	1
Keianna Frazier (10)			Madison Laubach (11)		
# 101	Girls 10 & Under 50 Free	32.56Y	# 207	Girls 11-12 50 Free	30.79Y
# 121	Girls 10 & Under 50 Breast	44.81Y	# 223	Girls 11-12 200 Medley Relay A	Free
Rene Halas (16)			# 235	Girls 11-12 200 Free Relay A	4
# 403	Girls 15-21 100 Breast	1:11.32Y	Jewel Little (17)		
# 419	Girls 15-21 200 IM	2:22.11Y	# 403	Girls 15-21 100 Breast	1:13.50Y
Brooke Henning (12)			# 405	Girls 15-21 50 Free	24.98Y
# 203	Girls 11-12 50 Back	36.48Y	# 413	Girls 15-21 200 Free	2:06.89Y
# 215	Girls 11-12 50 Breast	39.13Y	# 421	Girls 15-21 200 Medley Relay A	Free
# 223	Girls 11-12 200 Medley Relay A	Breast	# 425	Girls 15-21 100 Free	55.93Y
# 227	Girls 11-12 50 Fly	34.78Y	# 433	Girls 15-21 200 Free Relay A	3
# 235	Girls 11-12 200 Free Relay A	2	Kseniia Luniushina (16)		
Caitlin Hoffman (14)			# 403	Girls 15-21 100 Breast	1:11.63Y
# 301	Girls 13-14 200 Fly	2:37.04Y	# 405	Girls 15-21 50 Free	24.25Y
# 309	Girls 13-14 400 Free Relay A	3	# 409	Girls 15-21 400 Free Relay A	4
# 311	Girls 13-14 1650 Free	*21:09.06Y	# 413	Girls 15-21 200 Free	1:54.48Y
# 313	Girls 13-14 200 Free	2:14.27Y	# 417	Girls 15-21 100 Fly	59.95Y
# 321	Girls 13-14 200 Medley Relay A	Fly	# 421	Girls 15-21 200 Medley Relay A	Back
# 323	Girls 13-14 1000 Free	12:50.08Y	# 425	Girls 15-21 100 Free	53.09Y
# 329	Girls 13-14 200 Breast	2:45.38Y	# 427	Girls 15-21 100 Back	58.32Y
# 331	Girls 13-14 500 Free	5:52.69Y	# 433	Girls 15-21 200 Free Relay A	4
# 333	Girls 13-14 200 Free Relay A	3	Victoria Moscicki (18)		
Victoria Johns (14)			# 405	Girls 15-21 50 Free	27.30Y
# 303	Girls 13-14 100 Breast	1:16.23Y	# 415	Girls 15-21 200 Back	2:27.06Y
# 307	Girls 13-14 400 IM	5:22.45Y	# 427	Girls 15-21 100 Back	1:08.45Y
# 309	Girls 13-14 400 Free Relay A	2			
# 317	Girls 13-14 100 Fly	1:09.47Y			
# 319	Girls 13-14 200 IM	2:31.19Y			
# 321	Girls 13-14 200 Medley Relay A	Breast			

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# 403	Girls 15-21 100 Breast	1:10.73Y
# 405	Girls 15-21 50 Free	26.12Y
# 409	Girls 15-21 400 Free Relay A	1
# 413	Girls 15-21 200 Free	2:03.45Y
# 419	Girls 15-21 200 IM	2:12.23Y
# 421	Girls 15-21 200 Medley Relay A	Breast
# 425	Girls 15-21 100 Free	55.81Y
# 429	Girls 15-21 200 Breast	2:29.83Y
# 433	Girls 15-21 200 Free Relay A	2

Yasmin Terzeanovici (11)

# 203	Girls 11-12 50 Back	36.50Y
# 223	Girls 11-12 200 Medley Relay A	Back
# 227	Girls 11-12 50 Fly	34.42Y
# 229	Girls 11-12 100 Back	1:17.98Y
# 235	Girls 11-12 200 Free Relay A	3

Sydney Wolbert (14)

# 301	Girls 13-14 200 Fly	2:10.09Y
# 303	Girls 13-14 100 Breast	1:10.31Y
# 309	Girls 13-14 400 Free Relay A	4
# 315	Girls 13-14 200 Back	2:08.25Y
# 317	Girls 13-14 100 Fly	1:00.33Y
# 321	Girls 13-14 200 Medley Relay A	Back
# 327	Girls 13-14 100 Back	59.39Y
# 329	Girls 13-14 200 Breast	2:33.54Y
# 333	Girls 13-14 200 Free Relay A	4

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BOYS

Andrew DeVita (12)			# 318	Boys 13-14 100 Fly	1:11.21Y
# 216	Boys 11-12 50 Breast	42.61Y	# 322	Boys 13-14 200 Medley Relay A	Fly
Roman Diakun (18)			# 326	Boys 13-14 100 Free	58.02Y
# 406	Boys 15-21 50 Free	23.59Y	# 328	Boys 13-14 100 Back	1:03.67Y
# 418	Boys 15-21 100 Fly	55.85Y	# 334	Boys 13-14 200 Free Relay A	4
# 422	Boys 15-21 200 Medley Relay A	Fly	Chudi Ogbolu (13)		
# 426	Boys 15-21 100 Free	53.09Y	# 322	Boys 13-14 200 Medley Relay A	Breast
# 434	Boys 15-21 200 Free Relay A	3	# 334	Boys 13-14 200 Free Relay A	3
Liam Fass (15)			Kareem Oliver (15)		
# 408	Boys 15-21 400 IM	5:04.26Y	# 406	Boys 15-21 50 Free	24.70Y
# 410	Boys 15-21 400 Free Relay A	2	# 408	Boys 15-21 400 IM	4:59.93Y
# 414	Boys 15-21 200 Free	1:58.01Y	# 414	Boys 15-21 200 Free	1:58.28Y
# 424	Boys 15-21 1000 Free	11:26.05Y	# 418	Boys 15-21 100 Fly	1:00.21Y
# 426	Boys 15-21 100 Free	53.82Y	# 420	Boys 15-21 200 IM	2:15.49Y
# 428	Boys 15-21 100 Back	59.88Y	# 428	Boys 15-21 100 Back	58.19Y
# 432	Boys 15-21 500 Free	5:19.94Y	William Ong (16)		
Ayden Finley (14)			# 406	Boys 15-21 50 Free	24.60Y
# 306	Boys 13-14 50 Free	27.56Y	# 408	Boys 15-21 400 IM	4:49.33Y
# 322	Boys 13-14 200 Medley Relay A	Free	# 410	Boys 15-21 400 Free Relay A	3
# 334	Boys 13-14 200 Free Relay A	1	# 414	Boys 15-21 200 Free	1:57.99Y
Seiji Galperin (11)			# 420	Boys 15-21 200 IM	2:10.40Y
# 208	Boys 11-12 50 Free	29.26Y	# 426	Boys 15-21 100 Free	52.50Y
# 210	Boys 11-12 100 IM	1:12.95Y	# 428	Boys 15-21 100 Back	1:01.90Y
# 212	Boys 11-12 400 Free Relay A	4	# 434	Boys 15-21 200 Free Relay A	2
# 220	Boys 11-12 100 Fly	1:14.76Y	Brandon Poveromo (17)		
# 224	Boys 11-12 200 Medley Relay A	Free	# 402	Boys 15-21 200 Fly	2:14.75Y
# 226	Boys 11-12 100 Free	1:04.72Y	# 416	Boys 15-21 200 Back	2:10.08Y
# 230	Boys 11-12 100 Back	1:15.81Y	# 418	Boys 15-21 100 Fly	58.81Y
# 236	Boys 11-12 200 Free Relay A	4	# 422	Boys 15-21 200 Medley Relay A	Back
Carter Mui (16)			# 424	Boys 15-21 1000 Free	11:12.99Y
# 404	Boys 15-21 100 Breast	56.76Y	# 428	Boys 15-21 100 Back	59.95Y
# 406	Boys 15-21 50 Free	22.82Y	# 432	Boys 15-21 500 Free	5:10.92Y
# 410	Boys 15-21 400 Free Relay A	4	Liam Rusk (13)		
# 418	Boys 15-21 100 Fly	52.17Y	# 322	Boys 13-14 200 Medley Relay A	Back
# 420	Boys 15-21 200 IM	2:02.81Y	# 334	Boys 13-14 200 Free Relay A	2
# 422	Boys 15-21 200 Medley Relay A	Breast	Logan Santiago (15)		
# 426	Boys 15-21 100 Free	50.45Y	# 404	Boys 15-21 100 Breast	1:05.25Y
# 430	Boys 15-21 200 Breast	2:08.93Y	# 408	Boys 15-21 400 IM	4:50.76Y
# 434	Boys 15-21 200 Free Relay A	4	# 418	Boys 15-21 100 Fly	1:00.36Y
Kacper Nicka (16)			# 420	Boys 15-21 200 IM	2:13.00Y
# 404	Boys 15-21 100 Breast	1:10.38Y	# 428	Boys 15-21 100 Back	1:02.24Y
# 406	Boys 15-21 50 Free	23.61Y	# 430	Boys 15-21 200 Breast	2:27.91Y
# 410	Boys 15-21 400 Free Relay A	1			
# 420	Boys 15-21 200 IM	2:18.99Y			
# 422	Boys 15-21 200 Medley Relay A	Free			
# 426	Boys 15-21 100 Free	52.77Y			
# 428	Boys 15-21 100 Back	1:03.61Y			
# 434	Boys 15-21 200 Free Relay A	1			
Ryan O'Connell (13)					
# 306	Boys 13-14 50 Free	25.30Y			
# 316	Boys 13-14 200 Back	2:24.58Y			

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BOYS

Kacper Soja (11)

# 206	Boys 11-12 100 Breast	1:27.03Y
# 208	Boys 11-12 50 Free	29.97Y
# 212	Boys 11-12 400 Free Relay A	1
# 214	Boys 11-12 200 Free	2:26.84Y
# 216	Boys 11-12 50 Breast	40.50Y
# 224	Boys 11-12 200 Medley Relay A	Fly
# 226	Boys 11-12 100 Free	1:06.34Y
# 230	Boys 11-12 100 Back	1:16.78Y
# 236	Boys 11-12 200 Free Relay A	1

Oliver Tomaszewski (11)

# 204	Boys 11-12 50 Back	35.03Y
# 208	Boys 11-12 50 Free	31.35Y
# 212	Boys 11-12 400 Free Relay A	2
# 214	Boys 11-12 200 Free	2:27.03Y
# 224	Boys 11-12 200 Medley Relay A	Back
# 226	Boys 11-12 100 Free	1:09.93Y
# 230	Boys 11-12 100 Back	1:17.88Y
# 236	Boys 11-12 200 Free Relay A	2

Aiden Zheng (11)

# 206	Boys 11-12 100 Breast	1:25.34Y
# 210	Boys 11-12 100 IM	1:16.58Y
# 212	Boys 11-12 400 Free Relay A	3
# 216	Boys 11-12 50 Breast	39.17Y
# 222	Boys 11-12 200 IM	2:44.66Y
# 224	Boys 11-12 200 Medley Relay A	Breast
# 226	Boys 11-12 100 Free	1:06.27Y
# 234	Boys 11-12 500 Free	6:26.18Y
# 236	Boys 11-12 200 Free Relay A	3

Alfred Zheng (15)

# 404	Boys 15-21 100 Breast	1:05.42Y
# 408	Boys 15-21 400 IM	5:04.02Y
# 420	Boys 15-21 200 IM	2:12.92Y
# 430	Boys 15-21 200 Breast	2:34.21Y

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Female IE's:	70	Female RE's:	32
Male IE's:	77	Male RE's:	32
Total IE's:	147	Total RE's:	64
Total Athletes:	34		