

2024 PA YMCA Summer Championships

Hosted by the York YMCA Aquatic Club

July 27-28 - 2024

USA-S Approval # MA 2444 AP

General Information:

LOCATION	York YMCA – Graham Aquatic Center 543 N. Newberry St. York, PA 17404 Day of meet emergency phone # 434 825 3280
FACILITIES	The Graham Aquatic Center is a new indoor facility, which will be configured for eight 25-yard lanes for competition (6' depth at the start end and 5' depth at the turn end), and six additional 25-yard lanes for continuous warm-up/ warm-down (5' depth at both ends). Permanent bleacher seating for 750+; spacious deck area for swimmers, coaches and officials. Daktronics OmniSport 2000 timing system with LED matrix scoreboard. Hy-Tek Meet Manager 4.0 software. Concession area with promenade overlooking competitive pool; with free Wi-Fi. Free parking is available; capacity 550.
MEET DIRECTOR / SAFETY DIRECTOR	Brian Gunn 30 S Grant Rd Thomasville, PA 17364 717-676-1335 bgunn@accomhs.com Please direct all questions about the meet to the Meet Director.
MEET REFEREE/ OFFICIALS COORDINATOR	Eric Harnish eharnish1@comcast.net 717-881-2032 All currently certified YMCA or USA officials are encouraged to volunteer.
ELIGIBILITY	This meet is open to all YSCAP league swimmers who have competed in a minimum of one (1) of the YSCAP Summer league meets during the current season or a comparable YMCA invitation. There are no qualifying times. Because this meet is a closed-YMCA competition, all swimmers MUST be full-privilege members of the YMCA that they represent no fewer than 90 days prior to the competition. Swimmers' age is as of July 27, 2024.
USA SWIMMING STATEMENT	This meet will be USA approved, meaning that the times achieved by all currently registered USA Swimming members will be recorded in the SWIMS database. In granting this approval it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet
ENTRY LIMITS	Swimmers may swim a maximum of three (3) individual events and one (1) relay <i>per day</i> .
EVENTS / SESSIONS	This meet is a prelims/finals-style championship meet. The 400 IM, 500 Free, and relays will be deck-seeded timed finals. Swimmers will need to provide their own timers and counters for the 500 Free and 400 IM during the morning and afternoon sessions. During the Evening "Finals" session timers will be provided, but the swimmer will need to provide their own counter. All Relays will swim in the finals session.

	All 10 & Under events will be pre-seeded timed finals. All other events will be prelims/finals. 11-12 will have an A & B final; and 13 & over events will have A, B & C finals, where the C final is reserved for 13/14 athletes only.
TIME TRIALS	Subject to time and space availability, Time Trials <i>may</i> be conducted at the discretion of the Meet Director. Time Trials, when time permits, will be offered only at the conclusion of the prelim sessions. Swimmers must sign-up for Time Trials at least 30 minutes prior to the scheduled end of the prelim session that they are participating in. Time Trials are limited to one per swimmer per day. Time Trial events <i>will</i> count towards a swimmer's daily maximum event total.
WARM-UP & START TIMES	<p>Saturday Morning Preliminaries– Warm-ups: 8:00 AM; Start: 9:30 AM Saturday Afternoon (10 & unders) – Warm-ups: 12:30 PM; Start: 1:10 PM Saturday Evening Finals- Warm-ups: 4:00 PM; Start: 5:00 PM</p> <p>Sunday Morning Preliminaries– Warm-ups: 8:00 AM; Start: 9:30 AM Sunday Afternoon (10 & unders)– Warm-ups: 12:30 PM; Start: 1:10 PM Sunday Evening Finals- Warm-ups: 4:00 PM; Start: 5:00 PM</p> <p>There will be 14 lanes available. Team warm-up lanes will be assigned.</p> <p>Continuous warm-up/ warm-down will be available in the 6-lane portion of the pool throughout the meet.</p>
ENTRIES	<p>Electronic entries shall be submitted using Hy-Tek software. Entries for which a swimmer has no time shall be entered as "NT". Electronic entries shall be emailed to bgunn@accomhs.com. Payment and meet summary sheets should be mailed to:</p> <p>Brian Gunn 90N Newberry street York, PA 17401</p>
ENTRY FEES	\$10.00/individual event, \$20.00/relay. There will be a swimmer surcharge of \$6 per swimmer.
ENTRY DEADLINE	Sunday, July 21st, 2024 at 11:59 PM.
VOLUNTEERS	Each team is responsible for providing at least three (3) timers and at least one (1) certified stroke & turn official per session attended. Each team will also be required to provide at least one (1) seeding volunteer with a maximum of two (2) for each session attended. For Final Sessions, volunteer names may be provided after the morning prelim sessions. Additional volunteers are also welcome. All volunteers will receive free admission and a wrist band at the admission table.
SWIMMER SEATING/ STAGING	Swimmer seating will be available on the pool deck, and in ½ of the bleachers on the south side of the pool. A bullpen/seeding area will be used for the 8 & Under prelim sessions only. All other swimmers will be responsible for getting to the starting blocks on their own.
SCRATCH RULE	Any swimmer who does not swim a pre-seeded prelim or a pre-seeded timed-final event will <i>not</i> be penalized. Any swimmer who qualifies for finals in an event, who does not scratch out of finals prior to the scratch window closing, MUST swim the event at finals. Any swimmer who positively checks-in for a deck-seeded event MUST swim the event. Failure to swim a finals event or positive check-in event, without scratching, will result in the swimmer being barred from the next individual event in which they are entered - whether on the same day or later meet day. Swimmers who are initially announced as alternates for finals will not be penalized if they do not swim.

<p>RULES / SAFETY</p>	<p>This meet will be conducted according to current USA swimming rules. This meet will be conducted using the whistle command and no-recall false start procedures. 'Fly-over' starts will be used at this meet in the 9-14 Prelims sessions only. When fly-over starts are in use, all swimmers should remain in the water at the completion of their race.</p> <p>No diving will be permitted during warm-ups, except limited diving from the starting block end in announced sprint lanes. When diving is permitted, the swimmer must enter from the starting block end and exit from the opposite end of the pool. All entries must be feet-first other than the above mentioned.</p> <p>Swimmers violating safety procedures will be removed from the warm-up for the remainder of the warm-up session. Subsequent violations may cause the swimmer to be disqualified from the remainder of the meet. ANY SWIMMER OBSERVED SWIMMING UNDER THE BULKHEAD BY AN OFFICIAL OR SAFETY MONITOR AT THE MEET WILL BE DISQUALIFIED FROM THAT SWIMMER'S NEXT INDIVIDUAL EVENT, OR FROM THE REMAINDER OF THE MEET, AS DETERMINED BY THE MEET REFEREE. THIS POLICY WILL BE STRICTLY ENFORCED.</p> <p>NO SPECTATORS WILL BE ALLOWED ON THE POOL DECK AT ANY TIME. Swimmers are not permitted to be in the spectator seating at any time. Swimmers and parents may meet in the café area of the building.</p> <p>Deck changes are prohibited.</p> <p>Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations of USA Swimming.</p> <p>The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms.</p>
<p>AWARDS</p>	<p>Medals for top 8 swimmers in all age groups.</p>
<p>PROGRAMS & ADMISSION</p>	<p>Tickets are \$5.00 per session. Children 10&Under are Free. Ticketleap Link: 2024 PA YMCA Summer Championships Tickets in York, PA, United States (ticketleap.com)</p>
<p>VENDORS</p>	<p>There will be a vendor onsite selling championship apparel and equipment for the entire meet.</p>
<p>RESULTS</p>	<p>Results will be posted at www.swimyorky.org within 48 hours of the conclusion of the meet. Realtime results will be available through Meet Mobile.</p>
<p>DIRECTIONS</p>	<p>See next page.</p>

Directions to Graham Aquatic Center

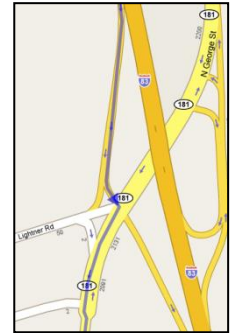
Note: The following directions will lead you directly to the Graham Aquatic Center, which is where swimmers may be dropped off. However, parking for the facility is located on Parkway Boulevard. There will be additional parking available at Met-Ed, and along the streets. There is easy access to the facility from the parking area via a pedestrian path and bridge. The address of the facility is 543 North Newberry Street, York, PA 17404.

From northbound Interstate 83:

Take Interstate 83 north to PA Exit 21 B (US Route 30 West). At the end of the ramp, merge onto US Route 30. Proceed on Route 30 west to the first traffic signal at North George Street. Turn left onto George and proceed for approximately a mile. After you pass a cemetery on the right, you will come to a traffic signal at Parkway Boulevard. Turn right and follow Parkway for about a half mile to North Newberry Street. Turn left onto Newberry. The pool will be on the left; Kiwanis Lake will be on the right.

From southbound Interstate 83:

Take Interstate 83 south to PA Exit 22 (North George Street). At the end of the ramp, turn right onto George Street. **NOTE:** Follow signs for Route 30. The first right towards the end of the ramp will be Lightner Road. Go past Lightner, and turn right at the traffic light onto George. Proceed on George across US Route 30 and continue for approximately a mile. After you pass a cemetery on the right, you will come to a traffic signal at Parkway Boulevard. Turn right and follow Parkway for about a half mile to North Newberry Street. Turn left onto Newberry. The pool will be on the left; Kiwanis Lake will be on the right.



From eastbound US Route 30:

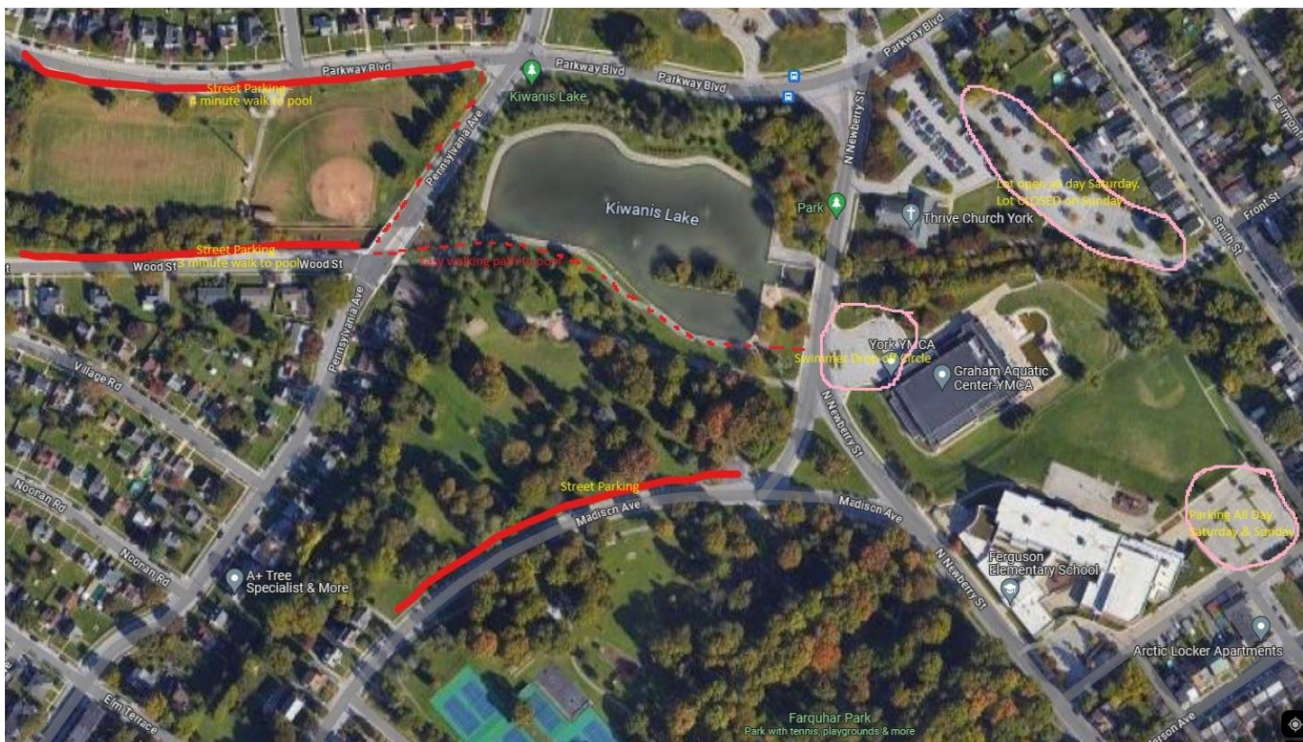
Follow US Route 30 east into the light cycle in York. After you pass several Apple car dealerships on the right, you will come to a traffic signal at Roosevelt Avenue. There will be a Denny's on the left corner. Turn right and follow Roosevelt approximately a half mile to Parkway Boulevard. Turn left onto Parkway and continue for about a half mile until you proceed through a traffic signal and pass Kiwanis Lake on the right. Immediately after you pass the lake, turn right onto North Newberry Street. The pool will be on the left; Kiwanis Lake will still be on the right.

From westbound US Route 30:

Follow US Route 30 west into the light cycle in York. The first traffic signal after you pass under Interstate 83 will be North George Street. Turn left onto George and continue for approximately a mile. After you pass a cemetery on the right, you will come to a traffic signal at Parkway Boulevard. Turn right and follow Parkway for about a half mile to North Newberry Street. Turn left onto Newberry. The pool will be on the left; Kiwanis Lake will be on the right.

From southbound PA Route 74:

Follow PA Route 74 south past US Route 30 and continue until you pass the York Fair on the right. At the first traffic signal immediately after the fairgrounds, turn left onto Madison Avenue. Proceed on Madison until it ends at North Newberry Street. Farquhar Park will be to the right of the intersection. Turn left onto Newberry. The pool will be on the right; Kiwanis Lake will be on the left.



2024 PA YMCA Summer Championships

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SESSION #1 Saturday Morning Preliminaries

Girls	Event Description	Boys
1	13 & over 200 Medley Relay (Deck Seeded)	2
3	11-12 200 Medley Relay (Deck Seeded)	4
5	13 & over 200 Back	6
7	11-12 100 Back	8
9	13 & over 100 Breast	10
11	11-12 50 Breast	12
13	13 & over 200 Fly	14
15	11-12 100 Fly	16
17	13 & over 100 Free	18
19	11-12 50 Free	20
21	13 & over 200 IM	22
23	11-12 200 IM	24
25	Open 500 Free (Deck Seeded)	26

SESSION #2 Saturday Afternoon Preliminaries/Timed Finals

Girls	Event Description	Boys
27	9-10 200 Medley Relay	28
29	8&U 100 Medley Relay	30
31	9-10 100 Back	32
33	8&U 50 Back	34
35	9-10 50 Breast	36
37	7-8 25 Breast	38
39	6&U 25 Breast	40
41	9-10 100 Fly	42
43	8&U 50 Fly	44
45	9-10 50 Free	46
47	7-8 25 Free	48
49	6&U 25 Free	50
51	9-10 100 IM	52
53	8&U 100 IM	54

SESSION #3 Saturday Evening Finals

Girls	Event Description	Boys
5	13 & over 200 Back	6
7	11-12 100 Back	8
9	13 & over 100 Breast	10
11	11-12 50 Breast	12
13	13 & over 200 Fly	14
15	11-12 100 Fly	16
17	13 & over 100 Free	18
19	11-12 50 Free	20
21	13 & over 200 IM	22
23	11-12 200 IM	24
25	Open 500 Free (Fastest Heat)	26

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SESSION #4 Sunday Morning Preliminaries Held at Graham Aquatic Center

Girls	Event Description	Boys
55	13 & over 200 Free Relay (Deck Seeded)	56
57	11-12 200 Free Relay (Deck Seeded)	58
59	13 & over 200 Free	60
61	11-12 200 Free	62
63	13 & over 100 Fly	64
65	11-12 50 Fly	66
67	13 & over 50 Free	68
69	11-12 100 Free	70
71	13 & over 100 Back	72
73	11-12 50 Back	74
75	13 & over 200 Breast	76
77	11-12 100 Breast	78
79	Open 400 IM (Deck Seeded)	80

SESSION #5 Sunday Afternoon Preliminaries/Timed Finals Held at Graham Aquatic Center

Girls	Event Description	Boys
81	9-10 200 Free Relay (Deck Seeded)	82
83	8&U 100 Free Relay	84
85	9-10 200 Free	86
87	8&U 100 Free	88
89	9-10 50 Fly	90
91	8&U 25 Fly	92
93	9-10 100 Free	94
95	7-8 50 Free	96
97	6&U 50 Free	98
99	9-10 50 Back	100
101	7-8 25 Back	102
103	6&U 25 Back	104
105	9-10 100 Breast	106
107	8&U 50 Breast	108

SESSION #6 Sunday Evening Finals Held at Graham Aquatic Center

Girls	Event Description	Boys
59	13 & over 200 Free	60
61	11-12 200 Free	62
63	13 & over 100 Fly	64
65	11-12 50 Fly	66
67	13 & over 50 Free	68
69	11-12 100 Free	70
71	13 & over 100 Back	72
73	11-12 50 Back	74
75	13 & over 200 Breast	76
77	11-12 100 Breast	78
79	Open 400 IM (Fastest Heat)	80

**2024 Summer YSCAP League Championship
July 27-28, 2024**

MEET SUMMARY FORM

This form MUST accompany TEAM Entries.

TEAM NAME: _____
TEAM CODE: _____
HEAD COACH: _____
COACH OR CLUB ADDRESS: _____
CITY/STATE/ZIP: _____
PHONE: _____
EMAIL: _____

Mail Entries to: John Nelson
90N newberry street
York, PA 17401

Entry Deadline: Friday July 19th, 2024 at 11:59 PM

Please make checks payable to: YORK YMCA AQUATIC CLUB

ENTRY FEES:

_____ INDV. EVENTS @ \$6.50 EACH	\$ _____
_____ RELAYS @ \$10.00 EACH	\$ _____
_____ SWIMMER SURCHARGE @ \$6.00 per swimmer	\$ _____
TOTAL:	\$ _____

I ATTEST THAT THE ENTERED ATHLETES ARE PROPERLY REGISTERED WITH THE YMCA THAT THEY REPRESENT AND THAT THEY HAVE ATTENDED AT LEAST THREE YSCAP LEAGUE MEETS DURING THE CURENT SEASON.

_____ **HEAD COACH or TEAM REPRESENTATIVE**