

**POCONO FAMILY YMCA**  
**www.pfyswim.org**

**Individual Top Times**

**POCONO FAMILY YMCA [PFY-MA] Coach: Mike Wolbert**

**Number of Top Times: 10 Show Long Course Only**

|                                       | Time      | P/F/S | Name               | Age/Yr |           |                                       |
|---------------------------------------|-----------|-------|--------------------|--------|-----------|---------------------------------------|
| <b>Girls 8 &amp; Under 50 Free</b>    |           |       |                    |        |           |                                       |
| 1                                     | 40.06 L   | F     | *I Emily Wolbert   | 8      | 7/27/2006 | 2006 MA Summer Junior Olympics        |
| 2                                     | 42.34 L   | F     | *I Shea McGlynn    | 8      | 5/21/2016 | RAYS RIPTIDE RUSH                     |
| 3                                     | 43.93 L   | F     | *I Emma Boyle      | 8      | 6/12/2009 | YMCA LONG COURSE CUP CHAMPIONS        |
| 4                                     | 46.79 L   | F     | Sydney Wolbert     | 8      | 7/8/2016  | 2016 Cameron Evans Invitational       |
| 5                                     | 51.59 L   | F     | *I Nadine Parrish  | 8      | 6/13/2008 | 2008 NJ YMCA LC Cup                   |
| <b>Girls 8 &amp; Under 100 Free</b>   |           |       |                    |        |           |                                       |
| 1                                     | 1:35.18 L | F     | *I Shea McGlynn    | 8      | 5/21/2016 | RAYS RIPTIDE RUSH                     |
| 2                                     | 1:35.25 L | F     | *I Emily Wolbert   | 8      | 5/5/2006  | 2006 Trident May Maelstrom            |
| 3                                     | 1:42.28 L | F     | Sydney Wolbert     | 8      | 7/8/2016  | 2016 Cameron Evans Invitational       |
| 4                                     | 1:46.73 L | F     | *I Emma Boyle      | 8      | 6/12/2009 | YMCA LONG COURSE CUP CHAMPIONS        |
| <b>Girls 8 &amp; Under 200 Free</b>   |           |       |                    |        |           |                                       |
| 1                                     | 2:18.20 L | F     | *I Violet Kurnas   | 8      | 7/25/2023 | 2023 YMCA Long Course Time Trials     |
| 2                                     | 3:24.09 L | F     | *I Shea McGlynn    | 8      | 5/6/2016  | 2016 Condors May Meters Matters Meet  |
| 3                                     | 3:48.24 L | F     | Sydney Wolbert     | 8      | 5/6/2016  | 2016 Condors May Meters Matters Meet  |
| <b>Girls 8 &amp; Under 50 Back</b>    |           |       |                    |        |           |                                       |
| 1                                     | 47.15 L L | F     | *I Alexis Kemp     | 8      | 7/26/2007 | 2007 Middle Atlantic Junior Olympics  |
| 2                                     | 47.81 L   | F     | *I Emily Wolbert   | 8      | 5/5/2006  | 2006 Trident May Maelstrom            |
| 3                                     | 52.31 L L | F     | *I Emma Boyle      | 8      | 6/12/2009 | YMCA LONG COURSE CUP CHAMPIONS        |
| 4                                     | 52.78 L   | F     | *I Shea McGlynn    | 8      | 5/21/2016 | RAYS RIPTIDE RUSH                     |
| 5                                     | 54.88 L   | F     | Sydney Wolbert     | 8      | 7/16/2016 | 2016 Middle Atlantic LC Silver Champs |
| <b>Girls 8 &amp; Under 100 Back</b>   |           |       |                    |        |           |                                       |
| 1                                     | 1:14.94 L | F     | *I Violet Kurnas   | 8      | 7/25/2023 | 2023 YMCA Long Course Time Trials     |
| 2                                     | 1:49.22 L | F     | *I Shea McGlynn    | 8      | 5/21/2016 | RAYS RIPTIDE RUSH                     |
| 3                                     | 1:49.55 L | F     | *I Emma Boyle      | 8      | 6/12/2009 | YMCA LONG COURSE CUP CHAMPIONS        |
| <b>Girls 8 &amp; Under 50 Breast</b>  |           |       |                    |        |           |                                       |
| 1                                     | 50.21 L   | F     | *I Emily Wolbert   | 8      | 7/27/2006 | 2006 MA Summer Junior Olympics        |
| 2                                     | 57.65 L   | F     | Sydney Wolbert     | 8      | 7/8/2016  | 2016 Cameron Evans Invitational       |
| 3                                     | 58.40 L   | F     | *I Emma Boyle      | 8      | 6/12/2009 | YMCA LONG COURSE CUP CHAMPIONS        |
| 4                                     | 1:02.02 L | F     | *I Shea McGlynn    | 8      | 5/6/2016  | 2016 Condors May Meters Matters Meet  |
| 5                                     | 1:08.31 L | F     | *I Nadine Parrish  | 8      | 6/13/2008 | 2008 NJ YMCA LC Cup                   |
| <b>Girls 8 &amp; Under 100 Breast</b> |           |       |                    |        |           |                                       |
| 1                                     | 1:52.25 L | F     | *I Emily Wolbert   | 8      | 7/27/2006 | 2006 MA Summer Junior Olympics        |
| 2                                     | 2:03.46 L | F     | *I Shea McGlynn    | 8      | 5/6/2016  | 2016 Condors May Meters Matters Meet  |
| 3                                     | 2:03.53 L | F     | Sydney Wolbert     | 8      | 7/16/2016 | 2016 Middle Atlantic LC Silver Champs |
| <b>Girls 8 &amp; Under 50 Fly</b>     |           |       |                    |        |           |                                       |
| 1                                     | 45.71 L   | F     | *I Emily Wolbert   | 8      | 7/27/2006 | 2006 MA Summer Junior Olympics        |
| 2                                     | 52.84 L   | F     | *I Emma Boyle      | 8      | 6/12/2009 | YMCA LONG COURSE CUP CHAMPIONS        |
| 3                                     | 53.52 L   | F     | Sydney Wolbert     | 8      | 5/6/2016  | 2016 Condors May Meters Matters Meet  |
| 4                                     | 1:15.06 L | F     | *I Shea McGlynn    | 7      | 7/10/2015 | Hawks Summer Invitational 2015        |
| <b>Girls 8 &amp; Under 100 Fly</b>    |           |       |                    |        |           |                                       |
| 1                                     | 1:11.76 L | F     | *I Violet Kurnas   | 8      | 7/25/2023 | 2023 YMCA Long Course Time Trials     |
| 2                                     | 2:02.12 L | F     | Sydney Wolbert     | 8      | 7/8/2016  | 2016 Cameron Evans Invitational       |
| <b>Girls 8 &amp; Under 200 IM</b>     |           |       |                    |        |           |                                       |
| 1                                     | 3:43.27 L | F     | *I Shea McGlynn    | 8      | 5/21/2016 | RAYS RIPTIDE RUSH                     |
| <b>Girls 9-10 50 Free</b>             |           |       |                    |        |           |                                       |
| 1                                     | 32.60 L   | F     | *I Emily Wolbert   | 10     | 7/24/2008 | 2008 MA JR OLYMPICS                   |
| 2                                     | 33.16 L   | F     | *I Sierra Hartmann | 10     | 7/16/2015 | 2015 Middle Atlantic Junior Olympics  |

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## Individual Top Times

Number of Top Times: 10 Show Long Course Only

|                            | Time      | P/F/S | Name                  | Age/Yr |           |                                        |
|----------------------------|-----------|-------|-----------------------|--------|-----------|----------------------------------------|
| 3                          | 33.64 L   | F     | *I Sierra Gillan      | 10     | 7/24/2014 | 2014 Middle Atlantic LC Jr Olympics    |
| 4                          | 33.92 L   | F     | *I Ryleigh Collins    | 10     | 6/11/2015 | 2015 Long Course Classic Trials/Finals |
| 5                          | 34.09 L   | F     | *I Victoria Fenn      | 10     | 6/11/2015 | 2015 Long Course Classic Trials/Finals |
| 6                          | 34.18 L   | F     | *I Miranda Murray     | 10     | 7/24/2014 | 2014 Middle Atlantic LC Jr Olympics    |
| 7                          | 34.48 L   | F     | *I Madeline Neville   | 10     | 7/29/2010 | 2010 Middle Atlantic Junior Olympics   |
| 8                          | 34.54 L   | T     | *I Alyssa Kelly       | 10     | 7/20/2016 | 2016 Middle Atlantic Junior Olympics   |
| 9                          | 35.13 L   | F     | *I Marina Gasgonia    | 10     | 6/16/2017 | 2017 BYNS LC Luau                      |
| 10                         | 35.43 L   | F     | *I Marianne Tassinari | 10     | 5/6/2016  | 2016 Condors May Meters Matters Meet   |
| <b>Girls 9-10 100 Free</b> |           |       |                       |        |           |                                        |
| 1                          | 1:10.22 L | F     | *I Emily Wolbert      | 10     | 7/24/2008 | 2008 MA JR OLYMPICS                    |
| 2                          | 1:12.07 L | F     | *I Sierra Hartmann    | 10     | 7/16/2015 | 2015 Middle Atlantic Junior Olympics   |
| 3                          | 1:13.41 L | F     | *I Marina Gasgonia    | 10     | 7/19/2017 | 2017 Middle Atlantic Junior Olympics   |
| 4                          | 1:16.47 L | F     | *I Marianne Tassinari | 10     | 5/6/2016  | 2016 Condors May Meters Matters Meet   |
| 5                          | 1:17.31 L | F     | *I Ryleigh Collins    | 10     | 6/11/2015 | 2015 Long Course Classic Trials/Finals |
| 6                          | 1:17.42 L | F     | *I Sierra Gillan      | 10     | 7/11/2014 | 2014 MR Condors July Jubilee           |
| 7                          | 1:17.91 L | F     | Sydney Wolbert        | 10     | 7/6/2018  | 2018 PAAC Firecracker Meet             |
| 8*                         | 1:18.31 L | F     | *I Miranda Murray     | 10     | 7/11/2014 | 2014 MR Condors July Jubilee           |
| 8*                         | 1:18.31 L | F     | *I Madeline Neville   | 10     | 7/29/2010 | 2010 Middle Atlantic Junior Olympics   |
| 10                         | 1:18.36 L | F     | *I Victoria Fenn      | 10     | 6/11/2015 | 2015 Long Course Classic Trials/Finals |
| <b>Girls 9-10 200 Free</b> |           |       |                       |        |           |                                        |
| 1                          | 2:31.86 L | F     | *I Emily Wolbert      | 10     | 7/24/2008 | 2008 MA JR OLYMPICS                    |
| 2                          | 2:37.97 L | F     | *I Sierra Hartmann    | 10     | 7/16/2015 | 2015 Middle Atlantic Junior Olympics   |
| 3                          | 2:40.09 L | F     | *I Marianne Tassinari | 10     | 5/6/2016  | 2016 Condors May Meters Matters Meet   |
| 4                          | 2:44.82 L | F     | *I Alyssa Kelly       | 10     | 7/8/2016  | 2016 Cameron Evans Invitational        |
| 5                          | 2:45.65 L | F     | Sydney Wolbert        | 10     | 7/19/2018 | 2018 Middle Atlantic Junior Olympics   |
| 6                          | 2:47.51 L | F     | *I Madeline Neville   | 10     | 7/29/2010 | 2010 Middle Atlantic Junior Olympics   |
| 7                          | 2:52.31 L | F     | *I Ryleigh Collins    | 10     | 6/11/2015 | 2015 Long Course Classic Trials/Finals |
| 8                          | 2:54.13 L | F     | *I Mary Kupsky        | 9      | 6/9/2016  | 2016 Long Course Classic Trials/Finals |
| 9                          | 2:56.14 L | F     | Caitlin Hoffman       | 10     | 7/5/2019  | 2019 PAAC Firecracker Meet             |
| 10                         | 2:57.65 L | F     | *I Victoria Fenn      | 10     | 6/11/2015 | 2015 Long Course Classic Trials/Finals |
| <b>Girls 9-10 400 Free</b> |           |       |                       |        |           |                                        |
| 1                          | 5:21.24 L | F     | *I Emily Wolbert      | 10     | 7/24/2008 | 2008 MA JR OLYMPICS                    |
| 2                          | 5:50.87 L | F     | *I Alyssa Kelly       | 10     | 7/1/2016  | 2016 NPAC Distance Meet                |
| 3                          | 6:02.45 L | F     | Sydney Wolbert        | 10     | 7/6/2018  | 2018 PAAC Firecracker Meet             |
| 4                          | 6:12.96 L | F     | *I Mary Kupsky        | 9      | 7/8/2016  | 2016 PAAC Firecracker Meet             |
| 5                          | 6:18.57 L | F     | *I Madeline Neville   | 10     | 7/9/2010  | 2010 LAC SPEEDO CLASSIC                |
| 6                          | 6:18.58 L | F     | *I Shea McGlynn       | 10     | 7/6/2018  | 2018 PAAC Firecracker Meet             |
| 7                          | 6:18.79 L | F     | Riley Pastor          | 10     | 6/26/2026 | 2026 PAAC Firecracker Meet             |
| 8                          | 6:24.93 L | F     | Caitlin Hoffman       | 10     | 7/5/2019  | 2019 PAAC Firecracker Meet             |
| 9                          | 6:30.38 L | F     | Kseniya Matyushina    | 10     | 6/26/2026 | 2026 PAAC Firecracker Meet             |
| 10                         | 7:11.02 L | F     | *I Kayla Exil         | 10     | 6/1/2019  | 2019 UMLY-GAAC IMX MANIA               |
| <b>Girls 9-10 50 Back</b>  |           |       |                       |        |           |                                        |
| 1                          | 39.58 L   | F     | *I Sierra Hartmann    | 10     | 7/16/2015 | 2015 Middle Atlantic Junior Olympics   |
| 2                          | 41.01 L   | F     | *I Madison Gillan     | 10     | 7/10/2015 | 2015 MA PAAC Firecracker Meet          |
| 3                          | 41.70 L   | F     | *I Victoria Fenn      | 10     | 6/11/2015 | 2015 Long Course Classic Trials/Finals |
| 4                          | 41.85 L   | F     | *I Miranda Murray     | 10     | 7/24/2014 | 2014 Middle Atlantic LC Jr Olympics    |
| 5                          | 42.05 L   | F     | *I Alyssa Kelly       | 10     | 6/9/2016  | 2016 Long Course Classic Trials/Finals |
| 6                          | 42.35 L   | F     | Sydney Wolbert        | 10     | 7/6/2018  | 2018 PAAC Firecracker Meet             |
| 7                          | 42.45 L   | F     | *I Marina Gasgonia    | 10     | 6/16/2017 | 2017 BYNS LC Luau                      |
| 8                          | 42.77 L   | F     | *I Ryleigh Collins    | 10     | 6/11/2015 | 2015 Long Course Classic Trials/Finals |
| 9                          | 43.18 L   | F     | *I Mary Kupsky        | 9      | 6/9/2016  | 2016 Long Course Classic Trials/Finals |
| 10                         | 43.26 L   | F     | *I Emily Wolbert      | 10     | 7/24/2008 | 2008 MA JR OLYMPICS                    |

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|                              | Time      | P/F/S | Name                  | Age/Yr |           |                                           |
|------------------------------|-----------|-------|-----------------------|--------|-----------|-------------------------------------------|
| <b>Girls 9-10 100 Back</b>   |           |       |                       |        |           |                                           |
| 1                            | 1:27.00 L | F     | *I Marianne Tassinari | 10     | 5/6/2016  | 2016 Condors May Meters Matters Meet      |
| 2                            | 1:27.09 L | F     | *I Ryleigh Collins    | 10     | 6/11/2015 | 2015 Long Course Classic Trials/Finals    |
| 3                            | 1:27.33 L | F     | *I Madison Gillan     | 10     | 7/16/2015 | 2015 Middle Atlantic Junior Olympics      |
| 4                            | 1:27.82 L | F     | *I Sierra Hartmann    | 10     | 7/16/2015 | 2015 Middle Atlantic Junior Olympics      |
| 5                            | 1:29.40 L | F     | *I Victoria Fenn      | 10     | 6/11/2015 | 2015 Long Course Classic Trials/Finals    |
| 6                            | 1:29.55 L | F     | *I Marina Gasgonia    | 10     | 6/16/2017 | 2017 BYNS LC Luau                         |
| 7                            | 1:29.62 L | F     | *I Emily Wolbert      | 10     | 7/24/2008 | 2008 MA JR OLYMPICS                       |
| 8                            | 1:30.22 L | F     | *I Alyssa Kelly       | 10     | 6/9/2016  | 2016 Long Course Classic Trials/Finals    |
| 9                            | 1:30.51 L | F     | *I Miranda Murray     | 10     | 6/12/2014 | 2014 Long Course Classic Trials/Finals    |
| 10                           | 1:30.73 L | F     | Sydney Wolbert        | 10     | 5/19/2018 | RAYS CUDA LC STAKES                       |
| <b>Girls 9-10 200 Back</b>   |           |       |                       |        |           |                                           |
| 1                            | 3:16.88 L | F     | *I Marianne Tassinari | 9      | 5/1/2015  | 2015 MR Condors May Meters Matter         |
| <b>Girls 9-10 50 Breast</b>  |           |       |                       |        |           |                                           |
| 1                            | 42.42 L   | F     | *I Emily Wolbert      | 10     | 7/24/2008 | 2008 MA JR OLYMPICS                       |
| 2                            | 43.05 L   | F     | *I Miranda Murray     | 10     | 6/27/2014 | 15th Annual Boyertown LongCourse Invitati |
| 3                            | 43.51 L   | F     | *I Sierra Gillan      | 10     | 7/24/2014 | 2014 Middle Atlantic LC Jr Olympics       |
| 4                            | 44.41 L   | F     | Sydney Wolbert        | 10     | 7/19/2018 | 2018 Middle Atlantic Junior Olympics      |
| 5                            | 46.12 L   | F     | *I Sierra Hartmann    | 10     | 7/16/2015 | 2015 Middle Atlantic Junior Olympics      |
| 6                            | 46.74 L   | F     | *I Ryleigh Collins    | 10     | 6/11/2015 | 2015 Long Course Classic Trials/Finals    |
| 7                            | 47.08 L   | F     | *I Dana Persaud       | 10     | 7/16/2015 | 2015 Middle Atlantic Junior Olympics      |
| 8                            | 49.10 L   | F     | *I Jewel Little       | 10     | 6/11/2015 | 2015 Long Course Classic Trials/Finals    |
| 9                            | 49.46 L   | F     | Kseniya Matyushina    | 10     | 6/26/2026 | 2026 PAAC Firecracker Meet                |
| 10                           | 49.48 L   | F     | *I Madeline Neville   | 10     | 7/29/2010 | 2010 Middle Atlantic Junior Olympics      |
| <b>Girls 9-10 100 Breast</b> |           |       |                       |        |           |                                           |
| 1                            | 1:31.42 L | F     | *I Emily Wolbert      | 10     | 7/24/2008 | 2008 MA JR OLYMPICS                       |
| 2                            | 1:33.89 L | F     | *I Miranda Murray     | 10     | 6/27/2014 | 15th Annual Boyertown LongCourse Invitati |
| 3                            | 1:38.41 L | F     | Sydney Wolbert        | 10     | 6/7/2018  | 2018 Long Course Classic Trials/Finals    |
| 4                            | 1:42.80 L | F     | *I Ryleigh Collins    | 10     | 6/11/2015 | 2015 Long Course Classic Trials/Finals    |
| 5                            | 1:43.34 L | F     | *I Sierra Gillan      | 10     | 6/27/2014 | 15th Annual Boyertown LongCourse Invitati |
| 6                            | 1:43.99 L | F     | *I Victoria Fenn      | 10     | 6/11/2015 | 2015 Long Course Classic Trials/Finals    |
| 7                            | 1:44.90 L | F     | *I Dana Persaud       | 10     | 7/16/2015 | 2015 Middle Atlantic Junior Olympics      |
| 8                            | 1:45.89 L | F     | *I Brenna Dahlgren    | 10     | 6/9/2016  | 2016 Long Course Classic Trials/Finals    |
| 9                            | 1:48.07 L | F     | *I Alora Cruz         | 10     | 6/12/2009 | YMCA LONG COURSE CUP CHAMPIONS            |
| 10                           | 1:48.23 L | F     | *I Alyssa Kelly       | 10     | 5/21/2016 | RAYS RIPTIDE RUSH                         |
| <b>Girls 9-10 200 Breast</b> |           |       |                       |        |           |                                           |
| 1                            | 4:06.80 L | F     | *I Julia Delaney      | 10     | 7/6/2012  | 2012 LAC SPEEDO CLASSIC                   |
| <b>Girls 9-10 50 Fly</b>     |           |       |                       |        |           |                                           |
| 1                            | 36.12 L   | F     | *I Emily Wolbert      | 10     | 7/24/2008 | 2008 MA JR OLYMPICS                       |
| 2                            | 36.25 L   | F     | *I Sierra Gillan      | 10     | 7/24/2014 | 2014 Middle Atlantic LC Jr Olympics       |
| 3                            | 37.14 L   | F     | Sydney Wolbert        | 10     | 5/19/2018 | RAYS CUDA LC STAKES                       |
| 4                            | 37.68 L   | F     | *I Sierra Hartmann    | 10     | 7/16/2015 | 2015 Middle Atlantic Junior Olympics      |
| 5                            | 38.17 L   | F     | *I Madeline Neville   | 10     | 7/29/2010 | 2010 Middle Atlantic Junior Olympics      |
| 6                            | 38.18 L   | F     | *I Ryleigh Collins    | 10     | 6/11/2015 | 2015 Long Course Classic Trials/Finals    |
| 7                            | 38.50 L   | F     | *I Miranda Murray     | 10     | 6/27/2014 | 15th Annual Boyertown LongCourse Invitati |
| 8                            | 39.41 L   | F     | *I Marianne Tassinari | 10     | 5/6/2016  | 2016 Condors May Meters Matters Meet      |
| 9                            | 40.28 L   | F     | *I Victoria Fenn      | 10     | 6/11/2015 | 2015 Long Course Classic Trials/Finals    |
| 10                           | 40.75 L   | F     | *I Marina Gasgonia    | 10     | 6/16/2017 | 2017 BYNS LC Luau                         |
| <b>Girls 9-10 100 Fly</b>    |           |       |                       |        |           |                                           |
| 1                            | 1:20.42 L | F     | *I Emily Wolbert      | 10     | 7/24/2008 | 2008 MA JR OLYMPICS                       |
| 2                            | 1:23.69 L | F     | Sydney Wolbert        | 10     | 7/19/2018 | 2018 Middle Atlantic Junior Olympics      |

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|                             | <b>Time</b> |   | <b>P/F/S</b> | <b>Name</b>        | <b>Age/Yr</b> |           |                                        |
|-----------------------------|-------------|---|--------------|--------------------|---------------|-----------|----------------------------------------|
| 3                           | 1:24.60 L   | F | *I           | Sierra Hartmann    | 10            | 7/16/2015 | 2015 Middle Atlantic Junior Olympics   |
| 4                           | 1:25.37 L   | F | *I           | Sierra Gillan      | 10            | 7/24/2014 | 2014 Middle Atlantic LC Jr Olympics    |
| 5                           | 1:29.14 L   | F | *I           | Marianne Tassinari | 10            | 5/6/2016  | 2016 Condors May Meters Matters Meet   |
| 6                           | 1:29.25 L   | F | *I           | Ryleigh Collins    | 10            | 6/11/2015 | 2015 Long Course Classic Trials/Finals |
| 7                           | 1:31.30 L   | F | *I           | Alora Cruz         | 10            | 7/16/2009 | 2009 Middle Atlantic Junior Olympics   |
| 8                           | 1:35.99 L   | F | *I           | Marina Gasgonia    | 10            | 6/16/2017 | 2017 BYNS LC Luau                      |
| 9                           | 1:36.74 L   | F | *I           | Madeline Neville   | 10            | 4/30/2010 | 2010 Diplomat May Maelstrom            |
| 10                          | 1:36.78 L   | F | *I           | Alyssa Kelly       | 10            | 5/6/2016  | 2016 Condors May Meters Matters Meet   |
| <b>Girls 9-10 200 IM</b>    |             |   |              |                    |               |           |                                        |
| 1                           | 2:54.33 L   | F | *I           | Emily Wolbert      | 10            | 7/24/2008 | 2008 MA JR OLYMPICS                    |
| 2                           | 3:00.16 L   | F | *I           | Sierra Hartmann    | 10            | 7/16/2015 | 2015 Middle Atlantic Junior Olympics   |
| 3                           | 3:00.46 L   | F |              | Sydney Wolbert     | 10            | 6/7/2018  | 2018 Long Course Classic Trials/Finals |
| 4                           | 3:07.08 L   | T | *I           | Alyssa Kelly       | 10            | 7/20/2016 | 2016 Middle Atlantic Junior Olympics   |
| 5                           | 3:09.57 L   | F | *I           | Ryleigh Collins    | 10            | 6/11/2015 | 2015 Long Course Classic Trials/Finals |
| 6                           | 3:11.29 L   | F | *I           | Sierra Gillan      | 10            | 7/11/2014 | 2014 MR Condors July Jubilee           |
| 7                           | 3:14.63 L   | F | *I           | Marianne Tassinari | 10            | 6/11/2015 | 2015 Long Course Classic Trials/Finals |
| 8                           | 3:19.38 L   | F | *I           | Miranda Murray     | 10            | 6/12/2014 | 2014 Long Course Classic Trials/Finals |
| 9                           | 3:19.92 L   | F | *I           | Mary Kupsy         | 9             | 6/9/2016  | 2016 Long Course Classic Trials/Finals |
| 10                          | 3:21.34 L   | F | *I           | Madison Gillan     | 10            | 5/1/2015  | 2015 MR Condors May Meters Matter      |
| <b>Girls 11-12 50 Free</b>  |             |   |              |                    |               |           |                                        |
| 1                           | 28.79 L     | P | *I           | Sierra Gillan      | 12            | 8/3/2016  | 2016 MR Eastern Zone LC Championship   |
| 2                           | 30.40 L     | F | *I           | Jewel Little       | 12            | 7/14/2017 | 2017 MA LC Silver Champs               |
| 3                           | 30.56 L     | F | *I           | Miranda Murray     | 11            | 7/10/2015 | 2015 MA PAAC Firecracker Meet          |
| 4                           | 30.63 L     | P | *I           | Victoria Kuterias  | 12            | 7/18/2019 | 2019 LC Junior Olympic Championships   |
| 5                           | 30.75 L     | F | *I           | Emily Wolbert      | 11            | 7/10/2009 | 2009 LAC SPEEDO CLASSIC                |
| 6                           | 30.87 L     | F | *I           | Victoria Fenn      | 12            | 6/8/2017  | 2017 Long Course Classic Trials/Finals |
| 7                           | 31.21 L     | P | *I           | Sierra Hartmann    | 11            | 7/8/2016  | 2016 Cameron Evans Invitational        |
| 8                           | 31.63 L     | F | *I           | Alyssa Kelly       | 12            | 6/7/2018  | 2018 Long Course Classic Trials/Finals |
| 9                           | 31.67 L     | P | *I           | Alexandra Burns    | 12            | 7/24/2008 | 2008 MA JR OLYMPICS                    |
| 10                          | 31.91 L     | F | *I           | Marianne Tassinari | 12            | 6/7/2018  | 2018 Long Course Classic Trials/Finals |
| <b>Girls 11-12 100 Free</b> |             |   |              |                    |               |           |                                        |
| 1                           | 1:03.51 L   | F | *I           | Sierra Gillan      | 12            | 7/20/2016 | 2016 Middle Atlantic Junior Olympics   |
| 2                           | 1:05.50 L   | F | *I           | Emily Wolbert      | 12            | 4/30/2010 | 2010 Diplomat May Maelstrom            |
| 3                           | 1:06.99 L   | F | *I           | Paige Jackett      | 12            | 7/25/2013 | 2013 Middle Atlantic Junior Olympics   |
| 4                           | 1:07.25 L   | P | *I           | Victoria Fenn      | 12            | 7/19/2017 | 2017 Middle Atlantic Junior Olympics   |
| 5                           | 1:07.45 L   | F | *I           | Alyssa Kelly       | 12            | 6/7/2018  | 2018 Long Course Classic Trials/Finals |
| 6                           | 1:08.02 L   | P | *I           | Victoria Kuterias  | 12            | 7/18/2019 | 2019 LC Junior Olympic Championships   |
| 7                           | 1:08.27 L   | F | *I           | Sierra Hartmann    | 11            | 6/3/2016  | 2016 YMCA Long Course Cup Championsh   |
| 8                           | 1:08.81 L   | F | *I           | Marianne Tassinari | 12            | 6/7/2018  | 2018 Long Course Classic Trials/Finals |
| 9                           | 1:09.36 L   | F | *I           | Jewel Little       | 12            | 7/14/2017 | 2017 MA LC Silver Champs               |
| 10                          | 1:10.41 L   | F | *I           | Miranda Murray     | 11            | 6/11/2015 | 2015 Long Course Classic Trials/Finals |
| <b>Girls 11-12 200 Free</b> |             |   |              |                    |               |           |                                        |
| 1                           | 2:22.98 L   | F | *I           | Emily Wolbert      | 12            | 6/18/2010 | Long Course Classic                    |
| 2                           | 2:25.00 L   | F | *I           | Paige Jackett      | 12            | 7/25/2013 | 2013 Middle Atlantic Junior Olympics   |
| 3                           | 2:25.41 L   | F | *I           | Alyssa Kelly       | 12            | 6/7/2018  | 2018 Long Course Classic Trials/Finals |
| 4                           | 2:28.76 L   | F | *I           | Victoria Fenn      | 12            | 6/8/2017  | 2017 Long Course Classic Trials/Finals |
| 5                           | 2:28.79 L   | F | *I           | Sierra Gillan      | 12            | 5/6/2016  | 2016 Condors May Meters Matters Meet   |
| 6                           | 2:30.35 L   | F | *I           | Emily Cabral       | 12            | 6/11/2010 | LC Cup 2010                            |
| 7                           | 2:30.71 L   | F | *I           | Marianne Tassinari | 12            | 6/7/2018  | 2018 Long Course Classic Trials/Finals |
| 8                           | 2:31.57 L   | F | *I           | Sierra Hartmann    | 11            | 6/3/2016  | 2016 YMCA Long Course Cup Championsh   |
| 9                           | 2:32.19 L   | F | *I           | Cara McCall        | 12            | 6/8/2017  | 2017 Long Course Classic Trials/Finals |
| 10                          | 2:33.73 L   | P | *I           | Madeline Neville   | 12            | 7/26/2012 | 2012 Middle Atlantic Junior Olympics   |

**POCONO FAMILY YMCA****www.pfyswim.org****Individual Top Times****Number of Top Times: 10 Show Long Course Only**

|                              | Time        | P/F/S | Name                  | Age/Yr |           |                                        |
|------------------------------|-------------|-------|-----------------------|--------|-----------|----------------------------------------|
| <b>Girls 11-12 400 Free</b>  |             |       |                       |        |           |                                        |
| 1                            | 4:56.10 L   | F     | *I Emily Wolbert      | 12     | 8/11/2010 | 2010 Eastern Zone LC Championships     |
| 2                            | 5:08.74 L   | F     | *I Alyssa Kelly       | 12     | 6/7/2018  | 2018 Long Course Classic Trials/Finals |
| 3                            | 5:11.92 L   | F     | *I Paige Jackett      | 12     | 6/13/2013 | 2013 Long Course Classic Trials/Finals |
| 4                            | 5:12.70 L   | F     | *I Marianne Tassinari | 12     | 6/8/2017  | 2017 Long Course Classic Trials/Finals |
| 5                            | 5:14.92 L   | F     | *I Emily Cabral       | 12     | 7/29/2010 | 2010 Middle Atlantic Junior Olympics   |
| 6                            | 5:25.86 L   | F     | *I Ryleigh Collins    | 11     | 6/9/2016  | 2016 Long Course Classic Trials/Finals |
| 7                            | 5:35.79 L   | F     | Sydney Wolbert        | 11     | 6/13/2019 | 2019 Long Course Classic Trials/Finals |
| 8                            | 5:35.81 L   | F     | *I Victoria Kutas     | 12     | 6/13/2019 | 2019 Long Course Classic Trials/Finals |
| 9                            | 5:35.93 L   | F     | *I Lily Piacenti      | 12     | 5/5/2018  | GPAC Long Course Derby 2018            |
| 10                           | 5:37.06 L   | F     | *I Sierra Hartmann    | 11     | 6/9/2016  | 2016 Long Course Classic Trials/Finals |
| <b>Girls 11-12 800 Free</b>  |             |       |                       |        |           |                                        |
| 1                            | 10:12.75 L  | F     | *I Emily Wolbert      | 12     | 7/21/2010 | Middle Atlantic Senior LC Championship |
| 2                            | 10:35.94 L  | F     | *I Paige Jackett      | 12     | 7/25/2013 | 2013 Middle Atlantic Junior Olympics   |
| 3                            | 10:40.40 L  | F     | *I Marianne Tassinari | 12     | 7/19/2017 | 2017 Middle Atlantic Junior Olympics   |
| 4                            | 10:43.25 L  | F     | *I Alyssa Kelly       | 12     | 7/19/2018 | 2018 Middle Atlantic Junior Olympics   |
| 5                            | 11:18.74 L  | F     | *I Ryleigh Collins    | 11     | 7/1/2016  | 2016 NPAC Distance Meet                |
| <b>Girls 11-12 1500 Free</b> |             |       |                       |        |           |                                        |
| 1                            | 19:44.11 L  | F     | *I Emily Wolbert      | 12     | 7/9/2010  | 2010 LAC SPEEDO CLASSIC                |
| 2                            | 20:20.02 L  | F     | *I Marianne Tassinari | 12     | 7/19/2017 | 2017 Middle Atlantic Junior Olympics   |
| 3                            | 20:40.88 L  | F     | *I Alyssa Kelly       | 12     | 6/15/2018 | 2018 MA NLAC Swimfest                  |
| 4                            | 24:54.82 L  | F     | *I Mackenzie Piacenti | 12     | 6/12/2014 | 2014 Long Course Classic Trials/Finals |
| <b>Girls 11-12 50 Back</b>   |             |       |                       |        |           |                                        |
| 1                            | 32.57 L     | F     | *I Sierra Gillan      | 12     | 6/9/2016  | 2016 Long Course Classic Trials/Finals |
| 2                            | 35.57 L     | F     | *I Miranda Murray     | 11     | 6/11/2015 | 2015 Long Course Classic Trials/Finals |
| 3                            | 35.65 L     | P     | *I Sierra Hartmann    | 11     | 7/20/2016 | 2016 Middle Atlantic Junior Olympics   |
| 4                            | 35.69 L     | F     | *I Emily Wolbert      | 12     | 8/11/2010 | 2010 Eastern Zone LC Championships     |
| 5                            | 36.41 L     | P     | *I Marina Gasgonia    | 12     | 7/18/2019 | 2019 LC Junior Olympic Championships   |
| 6                            | 36.74 L     | F     | *I Victoria Kutas     | 12     | 6/13/2019 | 2019 Long Course Classic Trials/Finals |
| 7                            | 37.42 L     | P     | *I Victoria Fenn      | 12     | 7/14/2017 | 2017 MA LC Silver Champs               |
| 8                            | 37.52 L     | P     | *I Cara McCall        | 12     | 7/19/2017 | 2017 Middle Atlantic Junior Olympics   |
| 9                            | 37.59 L     | P     | *I Madeline Neville   | 12     | 7/26/2012 | 2012 Middle Atlantic Junior Olympics   |
| 10                           | 38.14 L     | F     | *I Marianne Tassinari | 12     | 6/7/2018  | 2018 Long Course Classic Trials/Finals |
| 11                           | x38.14 L    | F     | *I Paige Jackett      | 12     | 7/5/2013  | 2013 LAC SPEEDO CLASSIC                |
| <b>Girls 11-12 100 Back</b>  |             |       |                       |        |           |                                        |
| 1                            | 1:12.00 L   | F     | *I Sierra Gillan      | 12     | 6/9/2016  | 2016 Long Course Classic Trials/Finals |
| 2                            | 1:17.84 L   | F     | *I Emily Cabral       | 12     | 6/11/2010 | LC Cup 2010                            |
| 3                            | 1:17.85 L   | P     | *I Cara McCall        | 12     | 7/19/2017 | 2017 Middle Atlantic Junior Olympics   |
| 4                            | 1:18.15 L   | F     | *I Sierra Hartmann    | 11     | 7/8/2016  | 2016 Cameron Evans Invitational        |
| 5                            | 1:20.02 L   | P     | *I Victoria Fenn      | 12     | 7/14/2017 | 2017 MA LC Silver Champs               |
| 6                            | 1:20.21 L   | F     | *I Marianne Tassinari | 12     | 6/8/2017  | 2017 Long Course Classic Trials/Finals |
| 7                            | 1:20.24 L L | F     | *I Marina Gasgonia    | 12     | 7/18/2019 | 2019 LC Junior Olympic Championships   |
| 8                            | 1:20.54 L   | F     | *I Alyssa Kelly       | 12     | 6/7/2018  | 2018 Long Course Classic Trials/Finals |
| 9                            | 1:20.60 L   | F     | *I Miranda Murray     | 11     | 6/11/2015 | 2015 Long Course Classic Trials/Finals |
| 10                           | 1:21.30 L   | F     | *I Paige Jackett      | 12     | 6/13/2013 | 2013 Long Course Classic Trials/Finals |
| <b>Girls 11-12 200 Back</b>  |             |       |                       |        |           |                                        |
| 1                            | 2:39.42 L   | F     | *I Sierra Gillan      | 12     | 6/9/2016  | 2016 Long Course Classic Trials/Finals |
| 2                            | 2:42.50 L   | F     | *I Emily Cabral       | 12     | 7/29/2010 | 2010 Middle Atlantic Junior Olympics   |
| 3                            | 2:48.60 L   | F     | *I Marianne Tassinari | 12     | 6/8/2017  | 2017 Long Course Classic Trials/Finals |
| 4                            | 2:50.27 L   | F     | *I Paige Jackett      | 12     | 7/5/2013  | 2013 LAC SPEEDO CLASSIC                |
| 5                            | 2:51.73 L   | P     | *I Emily Wolbert      | 12     | 7/29/2010 | 2010 Middle Atlantic Junior Olympics   |

**POCONO FAMILY YMCA****www.pfyswim.org****Individual Top Times****Number of Top Times: 10 Show Long Course Only**

|                               | Time      | P/F/S | Name                  | Age/Yr |           |                                           |
|-------------------------------|-----------|-------|-----------------------|--------|-----------|-------------------------------------------|
| 6                             | 2:53.14 L | F     | *I Cara McCall        | 12     | 6/8/2017  | 2017 Long Course Classic Trials/Finals    |
| 7                             | 2:55.83 L | F     | *I Victoria Kutas     | 12     | 6/13/2019 | 2019 Long Course Classic Trials/Finals    |
| 8                             | 2:56.18 L | F     | *I Miranda Murray     | 11     | 6/19/2015 | 16th Annual Boyertown LongCourse Invitati |
| 9                             | 3:02.41 L | F     | *I Corinne McCall     | 12     | 5/1/2015  | 2015 MR Condors May Meters Matter         |
| 10                            | 3:03.22 L | F     | *I Nevaeh Williams    | 12     | 5/1/2015  | 2015 MR Condors May Meters Matter         |
| <b>Girls 11-12 50 Breast</b>  |           |       |                       |        |           |                                           |
| 1                             | 37.98 L   | F     | *I Sierra Gillan      | 12     | 6/9/2016  | 2016 Long Course Classic Trials/Finals    |
| 2                             | 38.52 L   | F     | *I Miranda Murray     | 11     | 7/10/2015 | 2015 MA PAAC Firecracker Meet             |
| 3                             | 40.21 L   | F     | *I Emily Wolbert      | 11     | 7/10/2009 | 2009 LAC SPEEDO CLASSIC                   |
| 4                             | 40.83 L   | F     | Christina Zhang       | 12     | 5/1/2026  | 2026 MR Condors May Meters Matter         |
| 5                             | 41.18 L   | F     | *I Meaghan Dwyer      | 12     | 4/30/2010 | 2010 Diplomat May Maelstrom               |
| 6                             | 41.41 L   | P     | *I Megan Pickarski    | 12     | 7/25/2002 | USS - Middle Atlantic 2002 Summer Ju      |
| 7                             | 41.47 L   | F     | Sydney Wolbert        | 11     | 5/18/2019 | WAYS CUDA LC STAKES                       |
| 8                             | 42.06 L   | F     | *I Victoria Fenn      | 12     | 6/8/2017  | 2017 Long Course Classic Trials/Finals    |
| 9                             | 42.11 L   | F     | *I Lena Yang          | 12     | 7/27/2006 | 2006 MA Summer Junior Olympics            |
| 10                            | 42.12 L   | P     | *I Dana Persaud       | 12     | 7/14/2017 | 2017 MA LC Silver Champs                  |
| <b>Girls 11-12 100 Breast</b> |           |       |                       |        |           |                                           |
| 1                             | 1:23.27 L | F     | *I Miranda Murray     | 11     | 7/16/2015 | 2015 Middle Atlantic Junior Olympics      |
| 2                             | 1:24.52 L | F     | *I Sierra Gillan      | 12     | 6/9/2016  | 2016 Long Course Classic Trials/Finals    |
| 3                             | 1:28.93 L | P     | *I Emily Wolbert      | 12     | 7/29/2010 | 2010 Middle Atlantic Junior Olympics      |
| 4                             | 1:30.48 L | F     | *I Ryleigh Collins    | 11     | 6/9/2016  | 2016 Long Course Classic Trials/Finals    |
| 5                             | 1:31.10 L | F     | Sydney Wolbert        | 11     | 7/18/2019 | 2019 LC Junior Olympic Championships      |
| 6                             | 1:31.31 L | F     | Christina Zhang       | 12     | 5/1/2026  | 2026 MR Condors May Meters Matter         |
| 7                             | 1:31.54 L | F     | *I Alyssa Kelly       | 12     | 6/7/2018  | 2018 Long Course Classic Trials/Finals    |
| 8                             | 1:31.62 L | F     | *I Emily Cabral       | 12     | 6/11/2010 | LC Cup 2010                               |
| 9                             | 1:31.99 L | P     | *I Dana Persaud       | 12     | 7/14/2017 | 2017 MA LC Silver Champs                  |
| 10                            | 1:32.57 L | F     | *I Katherine Lutfy    | 12     | 6/21/2008 | MACK 2008                                 |
| <b>Girls 11-12 200 Breast</b> |           |       |                       |        |           |                                           |
| 1                             | 3:02.79 L | P     | *I Sierra Gillan      | 12     | 7/20/2016 | 2016 Middle Atlantic Junior Olympics      |
| 2                             | 3:06.05 L | F     | *I Miranda Murray     | 11     | 7/16/2015 | 2015 Middle Atlantic Junior Olympics      |
| 3                             | 3:10.78 L | F     | *I Alyssa Kelly       | 12     | 6/7/2018  | 2018 Long Course Classic Trials/Finals    |
| 4                             | 3:11.21 L | P     | *I Emily Wolbert      | 12     | 7/29/2010 | 2010 Middle Atlantic Junior Olympics      |
| 5                             | 3:13.00 L | P     | *I Emily Cabral       | 12     | 7/29/2010 | 2010 Middle Atlantic Junior Olympics      |
| 6                             | 3:15.67 L | F     | *I Marianne Tassinari | 12     | 6/7/2018  | 2018 Long Course Classic Trials/Finals    |
| 7                             | 3:20.52 L | F     | *I Ryleigh Collins    | 11     | 6/9/2016  | 2016 Long Course Classic Trials/Finals    |
| 8                             | 3:21.21 L | F     | Sydney Wolbert        | 11     | 6/13/2019 | 2019 Long Course Classic Trials/Finals    |
| 9                             | 3:23.62 L | F     | *I Megan Pickarski    | 11     | 7/26/2001 | USS - JO's MA Summer Age 07/01            |
| 10                            | 3:25.84 L | F     | Christina Zhang       | 12     | 5/1/2026  | 2026 MR Condors May Meters Matter         |
| <b>Girls 11-12 50 Fly</b>     |           |       |                       |        |           |                                           |
| 1                             | 30.58 L   | F     | *I Sierra Gillan      | 12     | 7/20/2016 | 2016 Middle Atlantic Junior Olympics      |
| 2                             | 32.91 L   | P     | *I Victoria Kutas     | 12     | 7/18/2019 | 2019 LC Junior Olympic Championships      |
| 3                             | 33.64 L   | P     | *I Alexandra Burns    | 12     | 7/24/2008 | 2008 MA JR OLYMPICS                       |
| 4                             | 33.65 L   | F     | *I Emily Wolbert      | 11     | 6/6/2009  | WSY Long Course Classic                   |
| 5                             | 33.76 L   | P     | *I Marina Gasgonia    | 12     | 7/18/2019 | 2019 LC Junior Olympic Championships      |
| 6                             | 34.32 L   | F     | *I Victoria Fenn      | 12     | 6/8/2017  | 2017 Long Course Classic Trials/Finals    |
| 7                             | 34.35 L   | F     | *I Sierra Hartmann    | 11     | 7/8/2016  | 2016 Cameron Evans Invitational           |
| 8                             | 34.66 L   | F     | *I Natalie Eastman    | 12     | 7/10/2015 | 2015 MA PAAC Firecracker Meet             |
| 9                             | 34.98 L   | F     | Sydney Wolbert        | 11     | 5/18/2019 | WAYS CUDA LC STAKES                       |
| 10                            | 35.70 L   | F     | *I Alyssa Kelly       | 12     | 5/19/2018 | WAYS CUDA LC STAKES                       |
| <b>Girls 11-12 100 Fly</b>    |           |       |                       |        |           |                                           |
| 1                             | 1:08.92 L | F     | *I Sierra Gillan      | 12     | 7/20/2016 | 2016 Middle Atlantic Junior Olympics      |

**POCONO FAMILY YMCA****www.pfyswim.org****Individual Top Times****Number of Top Times: 10 Show Long Course Only**

|                            | <b>Time</b> | <b>P/F/S</b> | <b>Name</b>           | <b>Age/Yr</b> |           |                                           |
|----------------------------|-------------|--------------|-----------------------|---------------|-----------|-------------------------------------------|
| 2                          | 1:13.20 L   | F            | *I Emily Wolbert      | 12            | 8/11/2010 | 2010 Eastern Zone LC Championships        |
| 3                          | 1:15.40 L   | F            | *I Victoria Fenn      | 12            | 7/14/2017 | 2017 MA LC Silver Champs                  |
| 4                          | 1:16.32 L   | F            | Sydney Wolbert        | 11            | 5/18/2019 | RAYS CUDA LC STAKES                       |
| 5                          | 1:17.62 L   | F            | *I Alyssa Kelly       | 12            | 6/7/2018  | 2018 Long Course Classic Trials/Finals    |
| 6                          | 1:18.91 L   | F            | *I Meaghan Dwyer      | 12            | 4/30/2010 | 2010 Diplomat May Maelstrom               |
| 7                          | 1:19.16 L   | F            | *I Victoria Kuterias  | 12            | 6/13/2019 | 2019 Long Course Classic Trials/Finals    |
| 8                          | 1:19.20 L   | F            | *I Alexandra Burns    | 12            | 7/24/2008 | 2008 MA JR OLYMPICS                       |
| 9                          | 1:20.12 L   | F            | *I Margaux Palaski    | 12            | 6/6/2009  | WSY Long Course Classic                   |
| 10                         | 1:20.41 L   | F            | *I Sierra Hartmann    | 11            | 6/9/2016  | 2016 Long Course Classic Trials/Finals    |
| <b>Girls 11-12 200 Fly</b> |             |              |                       |               |           |                                           |
| 1                          | 2:41.53 L   | F            | *I Emily Wolbert      | 12            | 7/29/2010 | 2010 Middle Atlantic Junior Olympics      |
| 2                          | 2:45.26 L   | F            | *I Sierra Gillan      | 12            | 6/9/2016  | 2016 Long Course Classic Trials/Finals    |
| 3                          | 2:49.90 L   | F            | *I Alyssa Kelly       | 12            | 7/19/2018 | 2018 Middle Atlantic Junior Olympics      |
| 4                          | 2:57.04 L   | F            | *I Sierra Hartmann    | 11            | 6/3/2016  | 2016 YMCA Long Course Cup Championsh      |
| 5                          | 3:00.27 L   | P            | Sydney Wolbert        | 11            | 7/18/2019 | 2019 LC Junior Olympic Championships      |
| 6                          | 3:01.61 L   | P            | *I Alexandra Burns    | 12            | 7/24/2008 | 2008 MA JR OLYMPICS                       |
| 7                          | 3:06.78 L   | F            | *I Marianne Tassinari | 12            | 7/14/2017 | 2017 MA LC Silver Champs                  |
| 8                          | 3:16.32 L   | F            | *I Hannah Persaud     | 12            | 6/11/2015 | 2015 Long Course Classic Trials/Finals    |
| 9                          | 3:30.96 L   | F            | *I Julia Delaney      | 12            | 6/12/2014 | 2014 Long Course Classic Trials/Finals    |
| 10                         | 3:39.86 L   | F            | *I Nevaeh Williams    | 12            | 6/11/2015 | 2015 Long Course Classic Trials/Finals    |
| <b>Girls 11-12 200 IM</b>  |             |              |                       |               |           |                                           |
| 1                          | 2:42.34 L   | F            | *I Emily Wolbert      | 12            | 4/30/2010 | 2010 Diplomat May Maelstrom               |
| 2                          | 2:43.29 L   | F            | *I Alyssa Kelly       | 12            | 6/7/2018  | 2018 Long Course Classic Trials/Finals    |
| 3                          | 2:45.04 L   | F            | *I Victoria Fenn      | 12            | 7/14/2017 | 2017 MA LC Silver Champs                  |
| 4                          | 2:48.37 L   | P            | *I Emily Cabral       | 12            | 7/29/2010 | 2010 Middle Atlantic Junior Olympics      |
| 5                          | 2:48.39 L   | F            | *I Miranda Murray     | 11            | 6/11/2015 | 2015 Long Course Classic Trials/Finals    |
| 6                          | 2:49.50 L   | F            | *I Ryleigh Collins    | 11            | 7/8/2016  | 2016 Cameron Evans Invitational           |
| 7                          | 2:51.05 L   | F            | *I Marianne Tassinari | 12            | 6/7/2018  | 2018 Long Course Classic Trials/Finals    |
| 8                          | 2:52.61 L   | F            | Sydney Wolbert        | 11            | 7/5/2019  | 2019 PAAC Firecracker Meet                |
| 9                          | 2:52.69 L   | F            | *I Sierra Gillan      | 11            | 7/10/2015 | 2015 MA PAAC Firecracker Meet             |
| 10                         | 2:54.53 L   | F            | *I Sierra Hartmann    | 11            | 6/3/2016  | 2016 YMCA Long Course Cup Championsh      |
| <b>Girls 11-12 400 IM</b>  |             |              |                       |               |           |                                           |
| 1                          | 5:41.54 L   | P            | *I Emily Wolbert      | 12            | 7/21/2010 | Middle Atlantic Senior LC Championship    |
| 2                          | 5:45.22 L   | P            | *I Emily Cabral       | 12            | 7/21/2010 | Middle Atlantic Senior LC Championship    |
| 3                          | 5:47.13 L   | F            | *I Alyssa Kelly       | 12            | 7/19/2018 | 2018 Middle Atlantic Junior Olympics      |
| 4                          | 6:02.56 L   | F            | *I Marianne Tassinari | 12            | 6/7/2018  | 2018 Long Course Classic Trials/Finals    |
| 5                          | 6:06.65 L   | F            | Sydney Wolbert        | 11            | 6/29/2019 | 2019 BYNS LC Luau                         |
| 6                          | 6:13.13 L   | F            | *I Miranda Murray     | 11            | 7/10/2015 | 2015 MA PAAC Firecracker Meet             |
| 7                          | 6:15.66 L   | F            | *I Ryleigh Collins    | 11            | 6/9/2016  | 2016 Long Course Classic Trials/Finals    |
| 8                          | 6:24.25 L   | F            | *I Cara McCall        | 12            | 6/8/2017  | 2017 Long Course Classic Trials/Finals    |
| 9                          | 6:32.41 L   | F            | *I Hannah Persaud     | 12            | 6/19/2015 | 16th Annual Boyertown LongCourse Invitati |
| 10                         | 6:33.93 L   | F            | *I Dana Persaud       | 12            | 7/14/2017 | 2017 MA LC Silver Champs                  |
| <b>Girls 13-14 50 Free</b> |             |              |                       |               |           |                                           |
| 1                          | 28.50 L     | P            | *I Alexandra Burns    | 14            | 7/21/2010 | Middle Atlantic Senior LC Championship    |
| 2                          | 28.91 L     | F            | *I Emily Wolbert      | 14            | 8/8/2012  | 2012 Eastern Zone Long Course Champion    |
| 3                          | 29.44 L     | F            | Daria Matyushina      | 14            | 6/19/2026 | Swimfest 2026                             |
| 4                          | 29.47 L     | P            | *I Victoria Fenn      | 14            | 7/18/2019 | 2019 LC Junior Olympic Championships      |
| 5                          | 29.57 L     | P            | *I Lauren Fenn        | 14            | 6/11/2015 | 2015 Long Course Classic Trials/Finals    |
| 6                          | 29.74 L     | F            | *I Aviah Dahlgren     | 14            | 6/8/2017  | 2017 Long Course Classic Trials/Finals    |
| 7                          | 29.79 L     | P            | *I Paige Jackett      | 14            | 6/11/2015 | 2015 Long Course Classic Trials/Finals    |
| 8                          | 29.91 L     | P            | *I Jewel Little       | 14            | 6/13/2019 | 2019 Long Course Classic Trials/Finals    |
| 9                          | 29.94 L     | P            | *I Lena Yang          | 14            | 7/24/2008 | 2008 MA JR OLYMPICS                       |

## POCONO FAMILY YMCA

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## Individual Top Times

Number of Top Times: 10 Show Long Course Only

|                              | Time        | P/F/S | Name                   | Age/Yr |           |                                           |
|------------------------------|-------------|-------|------------------------|--------|-----------|-------------------------------------------|
| 10                           | 30.03 L     | P     | *I Mary Cerbone        | 14     | 7/18/2012 | Middle Atlantic Senior LC Championship    |
| <b>Girls 13-14 100 Free</b>  |             |       |                        |        |           |                                           |
| 1                            | 1:02.87 L   | P     | *I Emily Wolbert       | 14     | 7/18/2012 | Middle Atlantic Senior LC Championship    |
| 2                            | 1:03.58 L   | S     | *I Emily Joyce         | 14     | 7/28/2011 | 2011 Middle Atlantic Junior Olympics      |
| 3                            | 1:03.64 L   | P     | *I Victoria Fenn       | 14     | 7/18/2019 | 2019 LC Junior Olympic Championships      |
| 4                            | 1:03.88 L   | F     | *I Aviah Dahlgren      | 14     | 7/14/2017 | 2017 MA LC Silver Champs                  |
| 5                            | 1:04.22 L   | P     | *I Paige Jackett       | 13     | 7/16/2014 | Middle Atlantic LC Sr Champs              |
| 6                            | 1:04.44 L   | F     | Sydney Wolbert         | 14     | 7/15/2022 | 2022 MA LCM Silver Champs hosted by KA    |
| 7                            | 1:04.56 L   | S     | *I Lena Yang           | 14     | 7/16/2009 | 2009 Middle Atlantic Junior Olympics      |
| 8                            | 1:05.02 L   | P     | *I Alyssa Kelly        | 13     | 6/13/2019 | 2019 Long Course Classic Trials/Finals    |
| 9                            | 1:05.16 L   | F     | *I Alexandra Burns     | 14     | 4/30/2010 | 2010 Diplomat May Maelstrom               |
| 10                           | 1:05.61 L   | P     | *I Jewel Little        | 14     | 6/13/2019 | 2019 Long Course Classic Trials/Finals    |
| <b>Girls 13-14 200 Free</b>  |             |       |                        |        |           |                                           |
| 1                            | 2:14.73 L   | F     | *I Emily Wolbert       | 14     | 6/15/2012 | Long Course Trials/Finals                 |
| 2                            | 2:18.08 L   | P     | *I Aviah Dahlgren      | 14     | 7/14/2017 | 2017 MA LC Silver Champs                  |
| 3                            | 2:18.21 L   | T     | *I Paige Jackett       | 14     | 8/3/2015  | 2015 LCY Nationals                        |
| 4                            | 2:18.28 L   | P     | *I Emily Joyce         | 14     | 7/20/2011 | Middle Atlantic Senior LC Championship    |
| 5                            | 2:19.37 L   | F     | *I April Kupsy         | 14     | 6/9/2016  | 2016 Long Course Classic Trials/Finals    |
| 6                            | 2:20.50 L   | P     | *I Mary Cerbone        | 14     | 7/26/2012 | 2012 Middle Atlantic Junior Olympics      |
| 7                            | 2:21.20 L   | P     | Sydney Wolbert         | 14     | 7/15/2022 | 2022 MA LCM Silver Champs hosted by KA    |
| 8                            | 2:22.55 L   | P     | *I Alyssa Kelly        | 13     | 6/13/2019 | 2019 Long Course Classic Trials/Finals    |
| 9                            | 2:23.77 L L | F     | *I Baileigh Vanderhoof | 14     | 7/21/2010 | Middle Atlantic Senior LC Championship    |
| 10                           | 2:23.78 L   | P     | *I Marianne Tassinari  | 14     | 6/13/2019 | 2019 Long Course Classic Trials/Finals    |
| <b>Girls 13-14 400 Free</b>  |             |       |                        |        |           |                                           |
| 1                            | 4:38.15 L   | F     | *I Emily Wolbert       | 14     | 6/15/2012 | Long Course Trials/Finals                 |
| 2                            | 4:49.28 L   | F     | *I April Kupsy         | 14     | 6/9/2016  | 2016 Long Course Classic Trials/Finals    |
| 3                            | 4:50.06 L   | F     | *I Emily Joyce         | 14     | 7/28/2011 | 2011 Middle Atlantic Junior Olympics      |
| 4                            | 4:52.19 L   | F     | Sydney Wolbert         | 14     | 7/15/2022 | 2022 MA LCM Silver Champs hosted by KA    |
| 5                            | 4:52.91 L   | P     | *I Aviah Dahlgren      | 14     | 7/19/2017 | 2017 Middle Atlantic Junior Olympics      |
| 6                            | 4:54.63 L   | F     | *I Paige Jackett       | 14     | 6/11/2015 | 2015 Long Course Classic Trials/Finals    |
| 7                            | 4:59.64 L   | F     | *I Marianne Tassinari  | 14     | 6/13/2019 | 2019 Long Course Classic Trials/Finals    |
| 8                            | 5:03.47 L   | F     | *I Julia Delaney       | 14     | 7/16/2016 | 2016 Middle Atlantic LC Silver Champs     |
| 9                            | 5:03.68 L   | F     | *I Alyssa Kelly        | 13     | 6/13/2019 | 2019 Long Course Classic Trials/Finals    |
| 10                           | 5:07.92 L   | P     | *I Alexandra Burns     | 14     | 7/29/2010 | 2010 Middle Atlantic Junior Olympics      |
| <b>Girls 13-14 800 Free</b>  |             |       |                        |        |           |                                           |
| 1                            | 9:36.02 L   | F     | *I Emily Wolbert       | 14     | 8/8/2012  | 2012 Eastern Zone Long Course Champion    |
| 2                            | 9:50.07 L   | F     | *I April Kupsy         | 14     | 8/3/2016  | 2016 MR Eastern Zone LC Championship      |
| 3                            | 10:00.80 L  | F     | *I Paige Jackett       | 14     | 6/11/2015 | 2015 Long Course Classic Trials/Finals    |
| 4                            | 10:08.75 L  | F     | *I Aviah Dahlgren      | 13     | 7/20/2016 | 2016 Middle Atlantic Junior Olympics      |
| 5                            | 10:20.70 L  | F     | *I Alyssa Kelly        | 13     | 7/18/2019 | 2019 LC Junior Olympic Championships      |
| 6                            | 10:25.34 L  | F     | *I Marianne Tassinari  | 14     | 7/18/2019 | 2019 LC Junior Olympic Championships      |
| 7                            | 10:41.71 L  | F     | *I Emily Cabral        | 14     | 5/4/2012  | 2012 Diplomat Swim Club May Maelstrom     |
| 8                            | 10:42.14 L  | F     | *I Madeline Neville    | 14     | 6/27/2014 | 15th Annual Boyertown LongCourse Invitati |
| 9                            | 10:48.26 L  | F     | Sydney Wolbert         | 14     | 6/17/2022 | 2022 BYNS LC Luau                         |
| 10                           | 11:03.10 L  | F     | *I Alexandra Burns     | 14     | 7/9/2010  | 2010 LAC SPEEDO CLASSIC                   |
| <b>Girls 13-14 1500 Free</b> |             |       |                        |        |           |                                           |
| 1                            | 18:22.74 L  | F     | *I Emily Wolbert       | 14     | 7/26/2012 | 2012 Middle Atlantic Junior Olympics      |
| 2                            | 18:51.64 L  | F     | *I April Kupsy         | 14     | 6/9/2016  | 2016 Long Course Classic Trials/Finals    |
| 3                            | 19:29.21 L  | F     | *I Paige Jackett       | 14     | 6/11/2015 | 2015 Long Course Classic Trials/Finals    |
| 4                            | 19:41.85 L  | F     | *I Aviah Dahlgren      | 13     | 7/1/2016  | 2016 NPAC Distance Meet                   |
| 5                            | 19:55.55 L  | F     | *I Marianne Tassinari  | 14     | 7/18/2019 | 2019 LC Junior Olympic Championships      |

**POCONO FAMILY YMCA****www.pfyswim.org****Individual Top Times****Number of Top Times: 10 Show Long Course Only**

|                               | <b>Time</b> |   | <b>P/F/S</b> | <b>Name</b>             | <b>Age/Yr</b> |           |                                           |
|-------------------------------|-------------|---|--------------|-------------------------|---------------|-----------|-------------------------------------------|
| 6                             | 20:01.38 L  | F | *I           | Emily Cabral            | 14            | 5/4/2012  | 2012 Diplomat Swim Club May Maelstrom     |
| 7                             | 20:09.01 L  | F | *I           | Alexandra Burns         | 14            | 7/29/2010 | 2010 Middle Atlantic Junior Olympics      |
| 8                             | 20:29.49 L  | F | *I           | Madeline Neville        | 14            | 7/24/2014 | 2014 Middle Atlantic LC Jr Olympics       |
| 9                             | 20:56.74 L  | F |              | Sydney Wolbert          | 14            | 6/9/2022  | 2022 WSY/HAC Long Course Classic          |
| 10                            | 20:56.84 L  | F |              | Caitlin Hoffman         | 14            | 6/8/2023  | 2023 WSY/HAC Long Course Classic          |
| <b>Girls 13-14 50 Back</b>    |             |   |              |                         |               |           |                                           |
| 1                             | 35.38 L     | P | *I           | Emily Cabral            | 13            | 7/20/2011 | Middle Atlantic Senior LC Championship    |
| 2                             | 35.62 L L   | F | *I           | Lauren Fenn             | 13            | 7/24/2014 | 2014 Middle Atlantic LC Jr Olympics       |
| 3                             | 36.29 L     | F |              | Sydney Wolbert          | 13            | 6/18/2021 | 2021 BYNS LC Luau                         |
| 4                             | 36.32 L     | P | *I           | Emily Wolbert           | 13            | 7/20/2011 | Middle Atlantic Senior LC Championship    |
| 5                             | 36.61 L     | F | *I           | Madeline Neville        | 14            | 6/12/2014 | 2014 Long Course Classic Trials/Finals    |
| 6                             | 36.87 L L   | F | *I           | Alana Slater            | 14            | 6/11/2010 | LC Cup 2010                               |
| 7                             | 36.92 L     | F | *I           | Alexandra Burns         | 13            | 6/12/2009 | YMCA LONG COURSE CUP CHAMPIONS            |
| 8                             | 37.68 L L   | F | *I           | Baileigh Vanderhoof     | 13            | 6/12/2009 | YMCA LONG COURSE CUP CHAMPIONS            |
| 9                             | 38.15 L     | F |              | Kylee Brown             | 14            | 5/16/2026 | WAYS LC STAKES 2026                       |
| 10                            | 40.02 L     | F | *I           | Paige Jakkett           | 13            | 6/12/2014 | 2014 Long Course Classic Trials/Finals    |
| <b>Girls 13-14 100 Back</b>   |             |   |              |                         |               |           |                                           |
| 1*                            | 1:10.92 L   | F | *I           | Lauren Fenn             | 14            | 4/9/2016  | 2016 YOTA LC Single Day Splash            |
| 1*                            | 1:10.92 L   | F | *I           | Emily Cabral            | 14            | 6/15/2012 | Long Course Trials/Finals                 |
| 3                             | 1:11.60 L   | F | *I           | Aviah Dahlgren          | 14            | 6/8/2017  | 2017 Long Course Classic Trials/Finals    |
| 4                             | 1:12.59 L   | P | *I           | Victoria Fenn           | 14            | 6/13/2019 | 2019 Long Course Classic Trials/Finals    |
| 5                             | 1:13.76 L   | P | *I           | Emily Wolbert           | 14            | 7/18/2012 | Middle Atlantic Senior LC Championship    |
| 6                             | 1:14.21 L   | P |              | Sydney Wolbert          | 14            | 7/7/2022  | 2022 Middle Atlantic Swimming LC Senior C |
| 7                             | 1:14.76 L   | F | *I           | Maureen Connors-McBride | 14            | 7/30/2002 | YMCA L/C Nationals 2002                   |
| 8                             | 1:15.42 L   | P | *I           | Sierra Hartmann         | 14            | 6/13/2019 | 2019 Long Course Classic Trials/Finals    |
| 9                             | 1:16.12 L   | P | *I           | Marianne Tassinari      | 14            | 6/13/2019 | 2019 Long Course Classic Trials/Finals    |
| 10                            | 1:16.65 L   | F | *I           | Madeline Neville        | 14            | 6/12/2014 | 2014 Long Course Classic Trials/Finals    |
| <b>Girls 13-14 200 Back</b>   |             |   |              |                         |               |           |                                           |
| 1                             | 2:32.52 L   | F | *I           | Emily Cabral            | 14            | 6/15/2012 | Long Course Trials/Finals                 |
| 2                             | 2:33.83 L   | F | *I           | Lauren Fenn             | 14            | 4/9/2016  | 2016 YOTA LC Single Day Splash            |
| 3                             | 2:36.53 L   | P | *I           | Aviah Dahlgren          | 14            | 6/8/2017  | 2017 Long Course Classic Trials/Finals    |
| 4                             | 2:36.88 L   | P | *I           | Emily Wolbert           | 13            | 7/20/2011 | Middle Atlantic Senior LC Championship    |
| 5                             | 2:37.08 L   | F | *I           | April Kupsy             | 14            | 6/9/2016  | 2016 Long Course Classic Trials/Finals    |
| 6                             | 2:38.14 L   | P | *I           | Victoria Fenn           | 14            | 6/13/2019 | 2019 Long Course Classic Trials/Finals    |
| 7                             | 2:38.19 L   | P |              | Sydney Wolbert          | 14            | 7/15/2022 | 2022 MA LCM Silver Champs hosted by KA    |
| 8                             | 2:39.54 L   | F | *I           | Madeline Neville        | 14            | 6/12/2014 | 2014 Long Course Classic Trials/Finals    |
| 9                             | 2:40.39 L   | P | *I           | Emily Joyce             | 14            | 7/28/2011 | 2011 Middle Atlantic Junior Olympics      |
| 10                            | 2:41.55 L   | P | *I           | Alyssa Kelly            | 13            | 7/18/2019 | 2019 LC Junior Olympic Championships      |
| <b>Girls 13-14 50 Breast</b>  |             |   |              |                         |               |           |                                           |
| 1                             | 36.11 L     | F | *I           | Mary Cerbone            | 14            | 8/8/2012  | 2012 Eastern Zone Long Course Champion    |
| 2                             | 37.94 L     | F |              | Daria Matyushina        | 14            | 6/19/2026 | Swimfest 2026                             |
| 3                             | 38.58 L     | P | *I           | Stephanie Marcucci      | 14            | 7/20/2011 | Middle Atlantic Senior LC Championship    |
| 4                             | 38.81 L     | F | *I           | Janel Llewellyn         | 13            | 6/11/2010 | LC Cup 2010                               |
| 5                             | 39.85 L     | F | *I           | Janay Parrish           | 14            | 6/12/2009 | YMCA LONG COURSE CUP CHAMPIONS            |
| 6                             | 39.91 L     | F |              | Alivia Finley           | 13            | 6/6/2024  | 2024 WSY/HAC Long Course Classic          |
| 7*                            | 39.92 L     | F | *I           | April Kupsy             | 13            | 7/22/2015 | Middle Atlantic LC Sr Champs              |
| 7*                            | 39.92 L     | P | *I           | Emily Wolbert           | 14            | 7/18/2012 | Middle Atlantic Senior LC Championship    |
| 9                             | 40.41 L     | F | *I           | Morgan Murphy           | 14            | 7/25/2013 | 2013 Middle Atlantic Junior Olympics      |
| 10                            | 41.42 L     | F | *I           | Lena Yang               | 13            | 6/13/2008 | 2008 NJ YMCA LC Cup                       |
| <b>Girls 13-14 100 Breast</b> |             |   |              |                         |               |           |                                           |
| 1                             | 1:17.34 L   | F | *I           | Mary Cerbone            | 14            | 8/8/2012  | 2012 Eastern Zone Long Course Champion    |

**POCONO FAMILY YMCA****www.pfyswim.org****Individual Top Times****Number of Top Times: 10 Show Long Course Only**

|                               | Time      | P/F/S | Name                   | Age/Yr |           |                                        |
|-------------------------------|-----------|-------|------------------------|--------|-----------|----------------------------------------|
| 2                             | 1:22.40 L | F     | *I Baileigh Vanderhoof | 14     | 8/11/2010 | 2010 Eastern Zone LC Championships     |
| 3*                            | 1:23.13 L | F     | Sydney Wolbert         | 14     | 7/21/2022 | 2022 Middle Atlantic LCM JO            |
| 3*                            | 1:23.13 L | P     | *I Stephanie Marcucci  | 14     | 7/20/2011 | Middle Atlantic Senior LC Championship |
| 5                             | 1:23.71 L | F     | *I Hannah Persaud      | 14     | 6/8/2017  | 2017 Long Course Classic Trials/Finals |
| 6                             | 1:24.50 L | F     | *I Sarah Keeley        | 14     | 6/8/2001  | USS - Trident Summer Storm 2001        |
| 7                             | 1:24.78 L | F     | *I Janay Parrish       | 14     | 7/16/2009 | 2009 Middle Atlantic Junior Olympics   |
| 8                             | 1:25.11 L | F     | Daria Matyushina       | 14     | 6/19/2026 | Swimfest 2026                          |
| 9                             | 1:25.13 L | P     | *I Alyssa Kelly        | 13     | 6/13/2019 | 2019 Long Course Classic Trials/Finals |
| 10                            | 1:25.15 L | P     | *I April Kupsy         | 13     | 7/22/2015 | Middle Atlantic LC Sr Champs           |
| <b>Girls 13-14 200 Breast</b> |           |       |                        |        |           |                                        |
| 1                             | 2:53.01 L | F     | *I Mary Cerbone        | 14     | 7/26/2012 | 2012 Middle Atlantic Junior Olympics   |
| 2                             | 2:58.32 L | F     | *I April Kupsy         | 13     | 7/16/2015 | 2015 Middle Atlantic Junior Olympics   |
| 3                             | 3:00.01 L | P     | *I Emily Cabral        | 14     | 7/18/2012 | Middle Atlantic Senior LC Championship |
| 4                             | 3:00.35 L | F     | *I Marianne Tassinari  | 14     | 6/13/2019 | 2019 Long Course Classic Trials/Finals |
| 5                             | 3:00.90 L | F     | *I Baileigh Vanderhoof | 14     | 6/11/2010 | LC Cup 2010                            |
| 6                             | 3:01.05 L | P     | *I Emily Wolbert       | 14     | 7/18/2012 | Middle Atlantic Senior LC Championship |
| 7                             | 3:01.09 L | F     | *I Lena Yang           | 14     | 7/16/2009 | 2009 Middle Atlantic Junior Olympics   |
| 8                             | 3:04.06 L | F     | Sydney Wolbert         | 14     | 5/14/2022 | RAYS LC STAKES                         |
| 9                             | 3:04.35 L | P     | *I Alyssa Kelly        | 13     | 7/18/2019 | 2019 LC Junior Olympic Championships   |
| 10                            | 3:04.55 L | F     | *I Stephanie Marcucci  | 14     | 7/8/2011  | 2011 LAC SPEEDO CLASSIC                |
| <b>Girls 13-14 50 Fly</b>     |           |       |                        |        |           |                                        |
| 1                             | 31.63 L   | F     | *I Emily Wolbert       | 14     | 8/8/2012  | 2012 Eastern Zone Long Course Champion |
| 2                             | 33.08 L   | F     | *I Alexandra Burns     | 13     | 6/12/2009 | YMCA LONG COURSE CUP CHAMPIONS         |
| 3                             | 33.10 L   | F     | Daria Matyushina       | 14     | 6/19/2026 | Swimfest 2026                          |
| 4                             | 33.71 L   | F     | *I Alana Slater        | 14     | 6/11/2010 | LC Cup 2010                            |
| 5                             | 33.81 L   | F     | Alivia Finley          | 13     | 6/6/2024  | 2024 WSY/HAC Long Course Classic       |
| 6                             | 33.86 L   | F     | Kylee Brown            | 14     | 5/16/2026 | RAYS LC STAKES 2026                    |
| 7                             | 34.51 L   | F     | Sydney Wolbert         | 13     | 6/18/2021 | 2021 BYNS LC Luau                      |
| 8                             | 34.67 L   | P     | *I Margaux Palaski     | 14     | 7/20/2011 | Middle Atlantic Senior LC Championship |
| 9                             | 35.31 L   | P     | *I Emily Cabral        | 13     | 7/20/2011 | Middle Atlantic Senior LC Championship |
| 10                            | 35.85 L   | F     | *I Sierra Hartmann     | 14     | 5/18/2019 | RAYS CUDA LC STAKES                    |
| <b>Girls 13-14 100 Fly</b>    |           |       |                        |        |           |                                        |
| 1                             | 1:07.52 L | F     | *I Emily Wolbert       | 14     | 6/15/2012 | Long Course Trials/Finals              |
| 2                             | 1:08.90 L | P     | Sydney Wolbert         | 14     | 8/4/2022  | LC Senior Zone Championship            |
| 3                             | 1:08.94 L | F     | *I Victoria Fenn       | 14     | 6/13/2019 | 2019 Long Course Classic Trials/Finals |
| 4                             | 1:10.02 L | P     | *I April Kupsy         | 14     | 8/3/2016  | 2016 MR Eastern Zone LC Championship   |
| 5                             | 1:10.12 L | F     | *I Baileigh Vanderhoof | 14     | 7/29/2010 | 2010 Middle Atlantic Junior Olympics   |
| 6                             | 1:11.84 L | F     | *I Alyssa Kelly        | 13     | 6/13/2019 | 2019 Long Course Classic Trials/Finals |
| 7                             | 1:12.39 L | F     | *I Margaux Palaski     | 13     | 7/29/2010 | 2010 Middle Atlantic Junior Olympics   |
| 8                             | 1:13.36 L | F     | *I Aviah Dahlgren      | 14     | 7/14/2017 | 2017 MA LC Silver Champs               |
| 9                             | 1:13.96 L | P     | *I Sierra Hartmann     | 14     | 6/13/2019 | 2019 Long Course Classic Trials/Finals |
| 10                            | 1:14.26 L | F     | *I Erika Wong          | 14     | 6/8/2017  | 2017 Long Course Classic Trials/Finals |
| <b>Girls 13-14 200 Fly</b>    |           |       |                        |        |           |                                        |
| 1                             | 2:24.04 L | P     | *I Emily Wolbert       | 14     | 8/8/2012  | 2012 Eastern Zone Long Course Champion |
| 2                             | 2:29.02 L | F     | Sydney Wolbert         | 14     | 8/4/2022  | LC Senior Zone Championship            |
| 3                             | 2:30.39 L | F     | *I April Kupsy         | 13     | 7/16/2015 | 2015 Middle Atlantic Junior Olympics   |
| 4                             | 2:36.18 L | F     | *I Alyssa Kelly        | 13     | 7/18/2019 | 2019 LC Junior Olympic Championships   |
| 5                             | 2:44.28 L | F     | *I Julia Delaney       | 14     | 7/16/2016 | 2016 Middle Atlantic LC Silver Champs  |
| 6                             | 2:51.59 L | F     | *I Paige Jackett       | 14     | 5/1/2015  | 2015 MR Condors May Meters Matter      |
| 7                             | 2:53.69 L | F     | *I Marianne Tassinari  | 13     | 5/18/2019 | RAYS CUDA LC STAKES                    |
| 8                             | 2:54.38 L | F     | *I Hannah Persaud      | 14     | 7/14/2017 | 2017 MA LC Silver Champs               |
| 9                             | 2:55.92 L | P     | *I Sierra Hartmann     | 14     | 6/13/2019 | 2019 Long Course Classic Trials/Finals |

**POCONO FAMILY YMCA****www.pfyswim.org****Individual Top Times****Number of Top Times: 10 Show Long Course Only**

|                              | <b>Time</b> |   | <b>P/F/S</b> | <b>Name</b>         | <b>Age/Yr</b> |           |                                           |
|------------------------------|-------------|---|--------------|---------------------|---------------|-----------|-------------------------------------------|
| 10                           | 2:56.38 L   | F | *I           | Erika Wong          | 14            | 6/8/2017  | 2017 Long Course Classic Trials/Finals    |
| <b>Girls 13-14 200 IM</b>    |             |   |              |                     |               |           |                                           |
| 1                            | 2:32.13 L   | F |              | Sydney Wolbert      | 14            | 7/21/2022 | 2022 Middle Atlantic LCM JO               |
| 2                            | 2:33.60 L   | F | *I           | Emily Wolbert       | 14            | 6/15/2012 | Long Course Trials/Finals                 |
| 3                            | 2:34.07 L   | P | *I           | April Kupsy         | 14            | 7/20/2016 | 2016 Middle Atlantic Junior Olympics      |
| 4                            | 2:37.00 L   | P | *I           | Aviah Dahlgren      | 14            | 7/14/2017 | 2017 MA LC Silver Champs                  |
| 5                            | 2:37.58 L   | F | *I           | Alyssa Kelly        | 13            | 6/13/2019 | 2019 Long Course Classic Trials/Finals    |
| 6                            | 2:38.34 L   | F | *I           | Emily Cabral        | 14            | 6/15/2012 | Long Course Trials/Finals                 |
| 7                            | 2:39.04 L   | P | *I           | Victoria Fenn       | 14            | 7/18/2019 | 2019 LC Junior Olympic Championships      |
| 8                            | 2:39.72 L   | F | *I           | Baileigh Vanderhoof | 14            | 6/11/2010 | LC Cup 2010                               |
| 9                            | 2:40.96 L   | P | *I           | Marianne Tassinari  | 14            | 7/18/2019 | 2019 LC Junior Olympic Championships      |
| 10                           | 2:41.71 L   | P | *I           | Julia Delaney       | 14            | 7/16/2016 | 2016 Middle Atlantic LC Silver Champs     |
| <b>Girls 13-14 400 IM</b>    |             |   |              |                     |               |           |                                           |
| 1                            | 5:20.21 L   | F | *I           | Emily Wolbert       | 14            | 8/8/2012  | 2012 Eastern Zone Long Course Champion    |
| 2                            | 5:22.76 L   | P | *I           | April Kupsy         | 14            | 8/3/2016  | 2016 MR Eastern Zone LC Championship      |
| 3                            | 5:27.24 L   | F |              | Sydney Wolbert      | 14            | 7/21/2022 | 2022 Middle Atlantic LCM JO               |
| 4                            | 5:28.56 L   | P | *I           | Emily Cabral        | 14            | 7/26/2012 | 2012 Middle Atlantic Junior Olympics      |
| 5                            | 5:37.99 L   | P | *I           | Aviah Dahlgren      | 14            | 7/14/2017 | 2017 MA LC Silver Champs                  |
| 6                            | 5:39.54 L   | F | *I           | Marianne Tassinari  | 14            | 7/18/2019 | 2019 LC Junior Olympic Championships      |
| 7                            | 5:40.45 L   | P | *I           | Julia Delaney       | 14            | 7/20/2016 | 2016 Middle Atlantic Junior Olympics      |
| 8                            | 5:40.55 L   | F | *I           | Alyssa Kelly        | 13            | 7/18/2019 | 2019 LC Junior Olympic Championships      |
| 9                            | 5:46.07 L   | F | *I           | Madeline Neville    | 14            | 7/24/2014 | 2014 Middle Atlantic LC Jr Olympics       |
| 10                           | 5:46.84 L   | P | *I           | Mary Cerbone        | 14            | 7/26/2012 | 2012 Middle Atlantic Junior Olympics      |
| <b>Girls Senior 50 Free</b>  |             |   |              |                     |               |           |                                           |
| 1                            | 27.02 L     | F | *I           | Kseniia Luniushina  | 17            | 7/6/2023  | 2023 Middle Atlantic Swimming LC Senior C |
| 2                            | 27.81 L     | F | *I           | Lena Yang           | 17            | 8/10/2011 | 2011 Eastern Zone Long Course Champion    |
| 3                            | 27.85 L     | P | *I           | Kelsey Eastman      | 16            | 8/3/2015  | 2015 LCY Nationals                        |
| 4                            | 28.35 L     | P | *I           | Cailin Campbell     | 18            | 6/13/2019 | 2019 Long Course Classic Trials/Finals    |
| 5                            | 28.46 L     | P | *I           | Mary Cerbone        | 17            | 8/3/2015  | 2015 LCY Nationals                        |
| 6                            | 28.59 L     | F | *I           | Elizabeth Jordan    | 18            | 6/18/2010 | Long Course Classic                       |
| 7                            | 28.61 L     | P | *I           | Kara Campbell       | 17            | 7/10/2019 | Middle Atlantic LC Sr Champs 19           |
| 8                            | 28.64 L     | P | *I           | Alexandra Burns     | 16            | 8/8/2012  | 2012 Eastern Zone Long Course Champion    |
| 9                            | 28.74 L     | T | *I           | Emily Wolbert       | 17            | 8/3/2015  | 2015 LCY Nationals                        |
| 10                           | 28.89 L     | F | *I           | Victoria Kutas      | 16            | 6/8/2023  | 2023 WSY/HAC Long Course Classic          |
| <b>Girls Senior 100 Free</b> |             |   |              |                     |               |           |                                           |
| 1                            | 59.20 L     | P | *I           | Kseniia Luniushina  | 17            | 7/25/2023 | 2023 YMCA Long Course Championships       |
| 2                            | 1:00.84 L   | F | *I           | Lena Yang           | 17            | 8/10/2011 | 2011 Eastern Zone Long Course Champion    |
| 3                            | 1:01.21 L   | P | *I           | Cailin Campbell     | 18            | 7/10/2019 | Middle Atlantic LC Sr Champs 19           |
| 4                            | 1:01.29 L S | P | *I           | Mary Cerbone        | 17            | 8/3/2015  | 2015 LCY Nationals                        |
| 5                            | 1:01.47 L   | S | *I           | Alexandra Burns     | 16            | 8/8/2012  | 2012 Eastern Zone Long Course Champion    |
| 6                            | 1:01.71 L   | P | *I           | Kelsey Eastman      | 16            | 7/22/2015 | Middle Atlantic LC Sr Champs              |
| 7                            | 1:02.23 L   | F | *I           | Kara Campbell       | 16            | 6/7/2018  | 2018 Long Course Classic Trials/Finals    |
| 8                            | 1:02.47 L L | F | *I           | Emily Wolbert       | 18            | 7/13/2016 | Middle Atlantic LC Sr Champs              |
| 9                            | 1:02.67 L   | P | *I           | Sarah Keeley        | 16            | 7/28/2003 | YMCA L/C Nationals 2003                   |
| 10                           | 1:02.79 L   | P | *I           | Aviah Dahlgren      | 16            | 7/10/2019 | Middle Atlantic LC Sr Champs 19           |
| <b>Girls Senior 200 Free</b> |             |   |              |                     |               |           |                                           |
| 1                            | 2:08.49 L   | F | *I           | Kseniia Luniushina  | 17            | 7/25/2023 | 2023 YMCA Long Course Championships       |
| 2                            | 2:12.63 L   | P | *I           | Emily Joyce         | 16            | 8/8/2012  | 2012 Eastern Zone Long Course Champion    |
| 3                            | 2:13.04 L   | F | *I           | Lena Yang           | 17            | 8/10/2011 | 2011 Eastern Zone Long Course Champion    |
| 4                            | 2:13.43 L   | P | *I           | Emily Wolbert       | 17            | 6/11/2015 | 2015 Long Course Classic Trials/Finals    |
| 5                            | 2:14.45 L   | P | *I           | Mary Cerbone        | 16            | 8/6/2014  | 2014 Eastern Zone Long Course Champion    |

**POCONO FAMILY YMCA****www.pfyswim.org****Individual Top Times****Number of Top Times: 10 Show Long Course Only**

|                               | Time       | P/F/S | Name                    | Age/Yr |           |                                           |
|-------------------------------|------------|-------|-------------------------|--------|-----------|-------------------------------------------|
| 6                             | 2:15.29 L  | P     | Sydney Wolbert          | 17     | 7/29/2025 | 2025 YMCA Long Course Championships       |
| 7                             | 2:15.60 L  | P *I  | Tara Kupsky             | 16     | 7/13/2016 | Middle Atlantic LC Sr Champs              |
| 8                             | 2:15.69 L  | P *I  | Cailin Campbell         | 17     | 6/7/2018  | 2018 Long Course Classic Trials/Finals    |
| 9                             | 2:17.61 L  | F *I  | Victoria Fenn           | 17     | 6/9/2022  | 2022 WSY/HAC Long Course Classic          |
| 10                            | 2:17.84 L  | P *I  | Kara Campbell           | 16     | 6/7/2018  | 2018 Long Course Classic Trials/Finals    |
| <b>Girls Senior 400 Free</b>  |            |       |                         |        |           |                                           |
| 1                             | 4:36.44 L  | P *I  | Emily Joyce             | 16     | 8/8/2012  | 2012 Eastern Zone Long Course Champion    |
| 2                             | 4:37.69 L  | P *I  | Emily Wolbert           | 17     | 8/3/2015  | 2015 LCY Nationals                        |
| 3                             | 4:40.10 L  | F *I  | Tara Kupsky             | 16     | 8/3/2016  | 2016 MR Eastern Zone LC Championship      |
| 4                             | 4:43.42 L  | P *I  | Kseniia Luniushina      | 17     | 7/6/2023  | 2023 Middle Atlantic Swimming LC Senior C |
| 5                             | 4:46.93 L  | F *I  | Lena Yang               | 17     | 7/28/2011 | 2011 Middle Atlantic Junior Olympics      |
| 6                             | 4:51.61 L  | F *I  | Aviah Dahlgren          | 15     | 6/7/2018  | 2018 Long Course Classic Trials/Finals    |
| 7                             | 4:52.50 L  | P     | Sydney Wolbert          | 17     | 7/10/2025 | 2025 Middle Atlantic Swimming LC Senior C |
| 8                             | 4:53.53 L  | P *I  | Alexandra Burns         | 15     | 7/28/2011 | 2011 Middle Atlantic Junior Olympics      |
| 9                             | 4:54.45 L  | P *I  | Paige Kupsky            | 17     | 7/22/2015 | Middle Atlantic LC Sr Champs              |
| 10                            | 4:54.51 L  | F *I  | Cailin Campbell         | 17     | 6/7/2018  | 2018 Long Course Classic Trials/Finals    |
| <b>Girls Senior 800 Free</b>  |            |       |                         |        |           |                                           |
| 1                             | 9:28.41 L  | F *I  | Emily Wolbert           | 17     | 7/22/2015 | Middle Atlantic LC Sr Champs              |
| 2                             | 9:29.82 L  | F *I  | Emily Joyce             | 16     | 8/8/2012  | 2012 Eastern Zone Long Course Champion    |
| 3                             | 9:32.49 L  | F *I  | Tara Kupsky             | 15     | 7/22/2015 | Middle Atlantic LC Sr Champs              |
| 4                             | 9:52.54 L  | F *I  | Alexandra Burns         | 16     | 7/18/2012 | Middle Atlantic Senior LC Championship    |
| 5                             | 10:01.93 L | F *I  | Alyssa Kelly            | 15     | 6/25/2021 | 2021 PAAC Firecracker Meet                |
| 6                             | 10:02.89 L | F *I  | Kseniia Luniushina      | 17     | 5/20/2023 | WAYS LC STAKES                            |
| 7                             | 10:05.63 L | F *I  | Lena Yang               | 17     | 7/28/2011 | 2011 Middle Atlantic Junior Olympics      |
| 8                             | 10:08.45 L | F *I  | Paige Jackett           | 15     | 7/13/2016 | Middle Atlantic LC Sr Champs              |
| 9                             | 10:32.57 L | F     | Sydney Wolbert          | 16     | 6/6/2024  | 2024 WSY/HAC Long Course Classic          |
| 10                            | 10:38.43 L | F *I  | Emma Withey             | 17     | 6/7/2018  | 2018 Long Course Classic Trials/Finals    |
| <b>Girls Senior 1500 Free</b> |            |       |                         |        |           |                                           |
| 1                             | 18:11.49 L | F *I  | Emily Joyce             | 16     | 8/8/2012  | 2012 Eastern Zone Long Course Champion    |
| 2                             | 18:24.90 L | F *I  | Emily Wolbert           | 18     | 7/13/2016 | Middle Atlantic LC Sr Champs              |
| 3                             | 18:26.30 L | F *I  | Tara Kupsky             | 15     | 8/5/2015  | 2015 Eastern Zone Long Course Champion    |
| 4                             | 19:01.39 L | F *I  | Alexandra Burns         | 15     | 7/20/2011 | Middle Atlantic Senior LC Championship    |
| 5                             | 19:21.07 L | F *I  | Paige Jackett           | 15     | 7/13/2016 | Middle Atlantic LC Sr Champs              |
| 6                             | 19:31.44 L | F     | Sydney Wolbert          | 16     | 6/6/2024  | 2024 WSY/HAC Long Course Classic          |
| 7                             | 19:40.20 L | F *I  | Julia Delaney           | 16     | 6/7/2018  | 2018 Long Course Classic Trials/Finals    |
| 8                             | 20:04.36 L | F *I  | Victoria Kuterass       | 16     | 6/8/2023  | 2023 WSY/HAC Long Course Classic          |
| 9                             | 20:24.94 L | F *I  | Emily Cabral            | 16     | 6/12/2014 | 2014 Long Course Classic Trials/Finals    |
| 10                            | 20:44.79 L | F *I  | Madeline Neville        | 15     | 6/11/2015 | 2015 Long Course Classic Trials/Finals    |
| <b>Girls Senior 50 Back</b>   |            |       |                         |        |           |                                           |
| 1                             | 29.48 L    | F *I  | Kseniia Luniushina      | 17     | 7/25/2023 | 2023 YMCA Long Course Championships       |
| 2                             | 32.07 L L  | P *I  | Emily Wolbert           | 17     | 8/3/2015  | 2015 LCY Nationals                        |
| 3                             | 34.27 L    | F *I  | Emily Cabral            | 16     | 6/12/2014 | 2014 Long Course Classic Trials/Finals    |
| 4                             | 34.50 L    | P *I  | Maureen Connors-McBride | 15     | 7/28/2003 | YMCA L/C Nationals 2003                   |
| 5                             | 35.23 L    | F *I  | Emily Joyce             | 16     | 7/17/2013 | Middle Atlantic Swimming Senior LC Champ  |
| 6                             | 35.29 L    | P *I  | Lauren Fenn             | 15     | 7/13/2016 | Middle Atlantic LC Sr Champs              |
| 7                             | 36.74 L    | F *I  | Baileigh Vanderhoof     | 17     | 6/13/2013 | 2013 Long Course Classic Trials/Finals    |
| 8                             | 37.38 L    | F *I  | Kelsey Eastman          | 16     | 6/11/2015 | 2015 Long Course Classic Trials/Finals    |
| 9                             | 37.40 L    | P     | Nicole Rose Lukesh      | 17     | 7/13/2016 | Middle Atlantic LC Sr Champs              |
| 10                            | 40.97 L    | F *I  | Danica Hammonds         | 15     | 6/18/2021 | 2021 BYNS LC Luau                         |
| <b>Girls Senior 100 Back</b>  |            |       |                         |        |           |                                           |
| 1                             | 1:03.97 L  | P *I  | Kseniia Luniushina      | 17     | 7/25/2023 | 2023 YMCA Long Course Championships       |

**POCONO FAMILY YMCA****www.pfyswim.org****Individual Top Times****Number of Top Times: 10 Show Long Course Only**

|                                | Time      | P/F/S | Name                   | Age/Yr |           |                                           |
|--------------------------------|-----------|-------|------------------------|--------|-----------|-------------------------------------------|
| 2                              | 1:06.48 L | F     | *I Lauren Fenn         | 18     | 6/13/2019 | 2019 Long Course Classic Trials/Finals    |
| 3                              | 1:08.08 L | P     | *I Peyton McNulty      | 17     | 7/5/2018  | 2018 TYR Pro Swim Series - Columbus       |
| 4                              | 1:09.53 L | P     | *I Cailin Campbell     | 18     | 7/10/2019 | Middle Atlantic LC Sr Champs 19           |
| 5                              | 1:10.00 L | P     | *I Emily Wolbert       | 17     | 7/22/2015 | Middle Atlantic LC Sr Champs              |
| 6                              | 1:11.07 L | P     | Sydney Wolbert         | 15     | 7/25/2023 | 2023 YMCA Long Course Championships       |
| 7                              | 1:11.40 L | F     | *I Aviah Dahlgren      | 15     | 6/7/2018  | 2018 Long Course Classic Trials/Finals    |
| 8                              | 1:11.56 L | P     | *I Emily Cabral        | 16     | 6/12/2014 | 2014 Long Course Classic Trials/Finals    |
| 9                              | 1:12.66 L | P     | *I Kara Campbell       | 17     | 7/10/2019 | Middle Atlantic LC Sr Champs 19           |
| 10                             | 1:13.82 L | P     | *I Emily Joyce         | 15     | 7/18/2012 | Middle Atlantic Senior LC Championship    |
| <b>Girls Senior 200 Back</b>   |           |       |                        |        |           |                                           |
| 1                              | 2:27.74 L | F     | Sydney Wolbert         | 15     | 7/25/2023 | 2023 YMCA Long Course Championships       |
| 2                              | 2:28.37 L | P     | *I Kseniia Luniushina  | 17     | 7/6/2023  | 2023 Middle Atlantic Swimming LC Senior C |
| 3                              | 2:28.59 L | F     | *I Victoria Fenn       | 17     | 6/9/2022  | 2022 WSY/HAC Long Course Classic          |
| 4                              | 2:29.58 L | P     | *I Lauren Fenn         | 17     | 6/7/2018  | 2018 Long Course Classic Trials/Finals    |
| 5                              | 2:32.63 L | F     | *I Peyton McNulty      | 17     | 6/7/2018  | 2018 Long Course Classic Trials/Finals    |
| 6                              | 2:32.88 L | P     | *I Emily Joyce         | 16     | 8/8/2012  | 2012 Eastern Zone Long Course Champion    |
| 7                              | 2:34.02 L | P     | *I Aviah Dahlgren      | 15     | 6/7/2018  | 2018 Long Course Classic Trials/Finals    |
| 8                              | 2:34.25 L | P     | *I Cailin Campbell     | 18     | 6/13/2019 | 2019 Long Course Classic Trials/Finals    |
| 9                              | 2:34.76 L | P     | *I Emily Cabral        | 15     | 7/17/2013 | Middle Atlantic Swimming Senior LC Champ  |
| 10                             | 2:35.16 L | P     | *I Emily Wolbert       | 16     | 7/16/2014 | Middle Atlantic LC Sr Champs              |
| <b>Girls Senior 50 Breast</b>  |           |       |                        |        |           |                                           |
| 1                              | 35.77 L   | P     | *I Mary Cerbone        | 17     | 8/3/2015  | 2015 LCY Nationals                        |
| 2                              | 36.33 L   | P     | *I Sarah Keeley        | 16     | 7/28/2003 | YMCA L/C Nationals 2003                   |
| 3                              | 36.54 L   | F     | *I Kelsey Eastman      | 16     | 7/22/2015 | Middle Atlantic LC Sr Champs              |
| 4                              | 37.18 L   | P     | *I Janay Parrish       | 16     | 8/10/2011 | 2011 Eastern Zone Long Course Champion    |
| 5                              | 37.71 L   | F     | *I Elizabeth Jordan    | 16     | 6/28/2008 | 9th Annual Boyertown A/B/C Long Course I  |
| 6                              | 38.34 L   | F     | *I Tara Kupsky         | 16     | 7/13/2016 | Middle Atlantic LC Sr Champs              |
| 7                              | 38.42 L   | F     | *I Emily Cabral        | 16     | 6/12/2014 | 2014 Long Course Classic Trials/Finals    |
| 8                              | 38.56 L S | F     | *I Baileigh Vanderhoof | 15     | 7/28/2011 | 2011 Middle Atlantic Junior Olympics      |
| 9                              | 38.66 L   | F     | *I Emily Wolbert       | 17     | 7/22/2015 | Middle Atlantic LC Sr Champs              |
| 10                             | 38.67 L   | F     | Sydney Wolbert         | 16     | 6/6/2024  | 2024 WSY/HAC Long Course Classic          |
| <b>Girls Senior 100 Breast</b> |           |       |                        |        |           |                                           |
| 1                              | 1:18.59 L | P     | *I Sarah Keeley        | 16     | 7/28/2003 | YMCA L/C Nationals 2003                   |
| 2                              | 1:19.03 L | T     | *I Kelsey Eastman      | 16     | 8/3/2015  | 2015 LCY Nationals                        |
| 3                              | 1:19.05 L | P     | *I Mary Cerbone        | 16     | 8/6/2014  | 2014 Eastern Zone Long Course Champion    |
| 4                              | 1:19.40 L | F     | *I Tara Kupsky         | 16     | 8/3/2016  | 2016 MR Eastern Zone LC Championship      |
| 5                              | 1:19.95 L | P     | *I Janay Parrish       | 16     | 8/10/2011 | 2011 Eastern Zone Long Course Champion    |
| 6                              | 1:20.87 L | P     | Sydney Wolbert         | 16     | 7/11/2024 | 2024 Middle Atlantic Swimming LC Senior C |
| 7                              | 1:21.58 L | P     | *I Baileigh Vanderhoof | 15     | 7/20/2011 | Middle Atlantic Senior LC Championship    |
| 8                              | 1:21.62 L | F     | *I Elizabeth Jordan    | 18     | 6/18/2010 | Long Course Classic                       |
| 9                              | 1:21.86 L | F     | *I Lena Yang           | 17     | 7/28/2011 | 2011 Middle Atlantic Junior Olympics      |
| 10                             | 1:21.91 L | F     | *I Peyton McNulty      | 17     | 6/7/2018  | 2018 Long Course Classic Trials/Finals    |
| <b>Girls Senior 200 Breast</b> |           |       |                        |        |           |                                           |
| 1                              | 2:52.87 L | F     | Sydney Wolbert         | 15     | 7/14/2023 | 2023 MA LCM Silver Champs (run by BWA     |
| 2                              | 2:53.60 L | F     | *I Tara Kupsky         | 16     | 8/3/2016  | 2016 MR Eastern Zone LC Championship      |
| 3                              | 2:54.45 L | F     | *I Lena Yang           | 17     | 7/28/2011 | 2011 Middle Atlantic Junior Olympics      |
| 4                              | 2:57.05 L | P     | *I Baileigh Vanderhoof | 16     | 7/18/2012 | Middle Atlantic Senior LC Championship    |
| 5                              | 2:57.18 L | F     | *I Emily Wolbert       | 17     | 6/11/2015 | 2015 Long Course Classic Trials/Finals    |
| 6                              | 2:57.23 L | P     | *I Mary Cerbone        | 17     | 7/22/2015 | Middle Atlantic LC Sr Champs              |
| 7                              | 2:58.32 L | P     | *I Marianne Tassinari  | 17     | 8/4/2022  | LC Senior Zone Championship               |
| 8                              | 2:58.48 L | P     | *I Sarah Keeley        | 16     | 7/28/2003 | YMCA L/C Nationals 2003                   |
| 9                              | 2:58.50 L | P     | *I Emily Cabral        | 15     | 7/17/2013 | Middle Atlantic Swimming Senior LC Champ  |

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**Individual Top Times**

Number of Top Times: 10 Show Long Course Only

|                             | Time        | P/F/S | Name                   | Age/Yr |           |                                           |
|-----------------------------|-------------|-------|------------------------|--------|-----------|-------------------------------------------|
| 10                          | 2:59.24 L   | F     | *I Janay Parrish       | 15     | 7/29/2010 | 2010 Middle Atlantic Junior Olympics      |
| <b>Girls Senior 50 Fly</b>  |             |       |                        |        |           |                                           |
| 1                           | 29.35 L     | F     | Sydney Wolbert         | 17     | 7/29/2025 | 2025 YMCA Long Course Championships       |
| 2                           | 30.60 L     | F     | *I Emily Wolbert       | 18     | 7/13/2016 | Middle Atlantic LC Sr Champs              |
| 3                           | 31.36 L     | F     | *I Victoria Kuterash   | 16     | 6/8/2023  | 2023 WSY/HAC Long Course Classic          |
| 4                           | 31.76 L     | F     | *I Lena Yang           | 17     | 8/10/2011 | 2011 Eastern Zone Long Course Champion    |
| 5                           | 31.98 L     | F     | *I Kelsey Eastman      | 16     | 6/11/2015 | 2015 Long Course Classic Trials/Finals    |
| 6                           | 32.52 L S   | F     | *I Avanti Banks        | 18     | 7/28/2011 | 2011 Middle Atlantic Junior Olympics      |
| 7                           | 32.74 L     | P     | *I Baileigh Vanderhoof | 15     | 7/20/2011 | Middle Atlantic Senior LC Championship    |
| 8                           | 32.97 L     | F     | Alivia Finley          | 15     | 5/16/2026 | RAYS LC STAKES 2026                       |
| 9                           | 33.04 L     | P     | *I Nicole Rose Lukesh  | 17     | 7/13/2016 | Middle Atlantic LC Sr Champs              |
| 10                          | 33.09 L     | F     | *I Tara Kupsky         | 15     | 7/22/2015 | Middle Atlantic LC Sr Champs              |
| <b>Girls Senior 100 Fly</b> |             |       |                        |        |           |                                           |
| 1                           | 1:02.91 L   | F     | Sydney Wolbert         | 17     | 7/29/2025 | 2025 YMCA Long Course Championships       |
| 2                           | 1:05.22 L   | P     | *I Kseniia Luniushina  | 17     | 7/6/2023  | 2023 Middle Atlantic Swimming LC Senior C |
| 3                           | 1:05.41 L   | P     | *I Emily Wolbert       | 17     | 8/3/2015  | 2015 LCY Nationals                        |
| 4                           | 1:05.49 L   | F     | *I Victoria Fenn       | 17     | 6/9/2022  | 2022 WSY/HAC Long Course Classic          |
| 5                           | 1:06.68 L   | P     | *I Kara Campbell       | 17     | 6/13/2019 | 2019 Long Course Classic Trials/Finals    |
| 6                           | 1:08.90 L   | P     | *I Lena Yang           | 17     | 8/10/2011 | 2011 Eastern Zone Long Course Champion    |
| 7                           | 1:09.12 L   | F     | *I Cailin Campbell     | 18     | 6/13/2019 | 2019 Long Course Classic Trials/Finals    |
| 8                           | 1:09.85 L   | P     | *I Tara Kupsky         | 16     | 7/13/2016 | Middle Atlantic LC Sr Champs              |
| 9                           | 1:10.15 L   | P     | *I Baileigh Vanderhoof | 16     | 7/26/2012 | 2012 Middle Atlantic Junior Olympics      |
| 10                          | 1:10.18 L   | T     | *I Nicole Rose Lukesh  | 17     | 7/13/2016 | Middle Atlantic LC Sr Champs              |
| <b>Girls Senior 200 Fly</b> |             |       |                        |        |           |                                           |
| 1                           | 2:21.25 L   | F     | Sydney Wolbert         | 17     | 7/29/2025 | 2025 YMCA Long Course Championships       |
| 2                           | 2:22.97 L S | F     | *I Emily Wolbert       | 17     | 8/3/2015  | 2015 LCY Nationals                        |
| 3                           | 2:34.83 L   | F     | *I Tara Kupsky         | 16     | 6/9/2016  | 2016 Long Course Classic Trials/Finals    |
| 4                           | 2:36.16 L   | P     | *I Julia Delaney       | 16     | 6/7/2018  | 2018 Long Course Classic Trials/Finals    |
| 5                           | 2:38.16 L   | F     | *I Kara Campbell       | 16     | 6/7/2018  | 2018 Long Course Classic Trials/Finals    |
| 6                           | 2:38.42 L   | F     | *I Cailin Campbell     | 18     | 6/13/2019 | 2019 Long Course Classic Trials/Finals    |
| 7                           | 2:41.41 L   | P     | *I Nicole Rose Lukesh  | 17     | 7/13/2016 | Middle Atlantic LC Sr Champs              |
| 8                           | 2:41.64 L   | F     | *I Baileigh Vanderhoof | 15     | 7/28/2011 | 2011 Middle Atlantic Junior Olympics      |
| 9                           | 2:43.06 L   | F     | *I Alyssa Kelly        | 15     | 6/25/2021 | 2021 PAAC Firecracker Meet                |
| 10                          | 2:46.48 L   | F     | *I Alexandra Burns     | 15     | 5/14/2011 | WSY Summer LC IMX                         |
| <b>Girls Senior 200 IM</b>  |             |       |                        |        |           |                                           |
| 1                           | 2:25.64 L S | F     | Sydney Wolbert         | 17     | 7/29/2025 | 2025 YMCA Long Course Championships       |
| 2                           | 2:26.87 L   | F     | *I Tara Kupsky         | 16     | 8/3/2016  | 2016 MR Eastern Zone LC Championship      |
| 3                           | 2:30.44 L   | F     | *I Cailin Campbell     | 18     | 6/13/2019 | 2019 Long Course Classic Trials/Finals    |
| 4                           | 2:31.48 L   | P     | *I Emily Wolbert       | 19     | 7/12/2017 | Middle Atlantic LC Sr Champs 17           |
| 5                           | 2:33.66 L   | P     | *I Kseniia Luniushina  | 17     | 6/23/2023 | 2023 Cure for Cam Invite                  |
| 6                           | 2:33.71 L   | P     | *I Kara Campbell       | 17     | 7/10/2019 | Middle Atlantic LC Sr Champs 19           |
| 7                           | 2:33.80 L   | P     | *I Lena Yang           | 16     | 7/20/2011 | Middle Atlantic Senior LC Championship    |
| 8                           | 2:35.26 L   | P     | *I Baileigh Vanderhoof | 17     | 7/17/2013 | Middle Atlantic Swimming Senior LC Champ  |
| 9                           | 2:38.06 L   | F     | *I Peyton McNulty      | 16     | 6/8/2017  | 2017 Long Course Classic Trials/Finals    |
| 10                          | 2:38.30 L   | P     | *I Paige Kupsky        | 17     | 7/22/2015 | Middle Atlantic LC Sr Champs              |
| <b>Girls Senior 400 IM</b>  |             |       |                        |        |           |                                           |
| 1                           | 5:11.66 L   | F     | *I Tara Kupsky         | 16     | 8/3/2016  | 2016 MR Eastern Zone LC Championship      |
| 2                           | 5:15.81 L   | F     | *I Emily Wolbert       | 15     | 8/7/2013  | 2013 Eastern Zone Long Course Champion    |
| 3                           | 5:17.11 L   | F     | Sydney Wolbert         | 17     | 7/10/2025 | 2025 Middle Atlantic Swimming LC Senior C |
| 4                           | 5:28.11 L   | P     | *I Emily Joyce         | 16     | 7/17/2013 | Middle Atlantic Swimming Senior LC Champ  |
| 5                           | 5:28.56 L   | P     | *I Lena Yang           | 16     | 7/20/2011 | Middle Atlantic Senior LC Championship    |

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**Individual Top Times**

**Number of Top Times: 10 Show Long Course Only**

|    | <b>Time</b> | <b>P/F/S</b> | <b>Name</b>            | <b>Age/Yr</b> |           |                                        |
|----|-------------|--------------|------------------------|---------------|-----------|----------------------------------------|
| 6  | 5:28.86 L   | F            | *I Kara Campbell       | 16            | 6/7/2018  | 2018 Long Course Classic Trials/Finals |
| 7  | 5:29.16 L   | P            | *I Cailin Campbell     | 18            | 7/10/2019 | Middle Atlantic LC Sr Champs 19        |
| 8  | 5:33.05 L   | F            | *I Kseniia Luniushina  | 17            | 6/23/2023 | 2023 Cure for Cam Invite               |
| 9  | 5:33.30 L   | F            | *I Emily Cabral        | 15            | 6/13/2013 | 2013 Long Course Classic Trials/Finals |
| 10 | 5:33.87 L   | P            | *I Baileigh Vanderhoof | 16            | 7/26/2012 | 2012 Middle Atlantic Junior Olympics   |